



ST. PAUL'S

EPISCOPAL CHURCH

A Sacred Space for Your Busy Life

Sunday, January 12, 2020, the First Sunday after the Epiphany

We especially welcome visitors and newcomers today. Please fill out the newcomer card in the pew and place it in the collection plate or give it to a member of the clergy. Following the service, the clergy will be standing near the doors to greet you. We encourage you to join us for coffee hour in Duncan Hall. For more information about St. Paul's, please visit www.StPaulsSanRafael.org or call our office at 415.456.4842.

At St. Paul's we are all called to follow Jesus together in worship, prayer and service.

WORSHIP

The service begins on page 355 of the Book of Common Prayer (BCP)

Opening Hymn	102	Hymnal
Gloria	S-280 <i>(Service music found in front of hymnal)</i>	Hymnal
Christmas Pageant		
O Little Town of Bethlehem (v.1)	79	
Away in a Manger (v.1)	101	
What Child is This (v.1)	115	
Hark! The Herald Angels Sing (v.1)	87	
Go Tell It on the Mountain (v.1)	99	
We Three Kings (v.1)	128	
Joy to the World	100	
Prayers of the People	Form III	BCP p. 387
Offertory Hymn	82	Hymnal
Doxology	<i>Praise God, from whom all blessings flow; Praise God, all creatures here below; Praise God above, ye heav'nly host: Praise Father, Son, and Holy Ghost. Amen</i>	

All baptized Christians are welcome to receive communion. If you would like to receive a blessing instead, cross your arms across your chest when you are at the altar rail. Whoever you are, wherever you are in your journey of faith, you are welcome to receive initiation into the church through the sacrament of baptism. Gluten free bread available.

Eucharistic Prayer A		BCP p. 361
Sanctus	S-130	Hymnal
Fraction Anthem	S-154	Hymnal
Communion Hymn	112	Hymnal
Closing Hymn	93	Hymnal

THIS WEEK'S ANNOUNCEMENTS

Death Cafe Today! Sunday, January 12 from 3-5 pm in Duncan Hall. All are welcome for an open and uplifting conversation about death and dying, life and living, with delicious cookies.

St. Paul's Book Club will meet Jan. 17th at 4 p.m. in Duncan Hall. The book we will be discussing is *The Little Book of Lykke: Secrets of the World's Happiest People* by Meik Wiking, CEO of the Happiness Research Institute, Copenhagen. This little book explains why the Danes are the world's happiest people and how you can become happy too.

Learn to Pray. Christopher will be coaching small groups of people to get into and maintain a rhythm of daily prayer starting on the weekend of January 19th. Possible times are Saturday morning and Sunday after church. Email him at c.h.mrtn@gmail.com.

SERVING TODAY

Preacher & Celebrant:	The Rev. Christopher H. Martin
Choirmaster/Organist:	Michael Struck
Acolytes:	Valerie Zander, Pamela Barnes, Nan Marie Wollam
Readers:	Valerie Zander, Pamela Barnes, Carolyn Welcome
Ushers:	Don Smith, Buzz Wollam
Altar Guild:	Brigitte McCulloch, Felicia Demann, Walter Tanner, Holly Pritchard

CHRISTOPHER'S WEEKLY MESSAGE

PRAYER IN 2020

We are in the season of Epiphany when we celebrate the spread of the light of Christ. One way to participate in that light is to pray.

I will be focusing on prayer in the first quarter of 2020. On Wednesday, February 26th, Ash Wednesday, right after the evening service, I will be teaching a daily prayer that has become the center of my spiritual life and the center of the spiritual lives of at least five other people at St. Paul's. It is **"O God, send me this day to do the work you have given me to do, to love and serve you with gladness and singleness of heart."**

The prayer is the first of 3 prayers, 3 games and a song, all of which are aimed towards living life "with gladness and singleness of heart." I will be teaching these seven practices through Lent.

The key to it all is prayer. If, by February, you are not yet in the rhythm of 20 minutes a day of prayer, I will ask you to tape the prayer to your bathroom mirror and say it after you brush your teeth in the morning. If you are in that rhythm, I will ask you to pray it at the end of each morning prayer time.

Backing up to the beginning of the year, I will be offering Basic Discipleship on Saturday mornings and Sundays after the 10am service. Basic Discipleship is when I coach people into the rhythm of 20 minutes of daily prayer.

Blessings,
Christopher

At St. Pauls...Giving is Easy!
<https://onrealm.org/StPaulsSanRafael/Give>
No login or Realm account needed



REGULAR PRAYER AND STUDY - OPEN TO ALL

Spiritual Forum	Sundays at 9am in Duncan Hall
Book Group	Sundays at 11:30am in the Upper Room
Centering Prayer Group	2nd and 4th Sundays at 7pm in Duncan Hall
Morning Prayer	Tuesdays at 7:30am in the Church
Bible Studies	Wednesdays at 10am in Duncan Hall Thursdays at 6:15pm in the Downing Library

WHO'S WHO AT ST. PAUL'S

The Governing Board (called the Vestry)

Walter Tanner (Senior Warden), Buzz Wollam (Junior Warden), Libby Silvestri, Richard Micheli, Katie Taggart, Michael Welcome, Patrick Bowen and Janie Burtch (Secretary)

Campus Care Steve Avanzino, Keatin Holly, Pat Curtis, David Hardin, Eric Guastavino and Larry Santucci

Finances Holly Pritchard, Lorrie Bugatto and John McDermott

Music Michael Struck

Acolytes and Readers	Dawn Rice
Ushers	Gary Towery and Larry Santucci
Altar Guild	Judy Rowcliffe
Altar Flowers	Alex Elliot

Children's Ministry	Karin Holsinger
Youth Group	David Hardin

Downing Library	Tom Witt
Epistle (Monthly Newsletter)	Chloe Martin
Service Bulletins and Centering Prayer	Chris Olson
St. Anne's	Alice King
Monthly Book Group and St. Paul's History	Joy Moss

Death Row Ministry	Richard Olive
Teen Success Breakfast	Ginny Horton
San Rafael Health Care Worship	Sue Adamson
St. Monnica's Mutual Housing Community	Jacob Moody and Kati Dombrosky
Our Homeless Neighbors	Bobby Owen and Ginny Horton

PRAYER LIST

Anne Wilms	Eva Anderson	Joshua Lindsay & Family	Olivia Monforte
Australia	Felicia D	Justin Merriman	Sandy & Herbert
Catherine C & Family	Hasan, Connie & Kids	Laura Gordon	Susan Fischer
Connie	Jaime K	Linda Bartera	Susan Parkinson
Dale	Joan Peterson	Maynard W (surgery Dec.5)	Those In Border Cages
David S	Joseph Cook	Mike A	Y.A.H.
Dennis Rowcliffe	Mark Hardin	Mike Z	
Earl	Mary & Jim	Norton Family	