



# ST. PAUL'S

## EPISCOPAL CHURCH

### A Sacred Space for Your Busy Life

Sunday, January 5, 2020, the Second Sunday after Christmas

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We especially welcome visitors and newcomers today. Please fill out the newcomer card in the pew and place it in the collection plate or give it to a member of the clergy. Following the service, the clergy will be standing near the doors to greet you. We encourage you to join us for coffee hour in Duncan Hall. For more information about St. Paul's, please visit [www.StPaulsSanRafael.org](http://www.StPaulsSanRafael.org) or call our office at 415.456.4842.

At St. Paul's we are all called to follow Jesus together in worship, prayer and service.

### WORSHIP

*The service begins on page 355 of the Book of Common Prayer (BCP)*

Prelude	Noel	Claude Balbastre
Opening Hymn	93	Hymnal
Gloria	S-280 <i>(Service music found in front of hymnal)</i>	Hymnal
Psalm	84	BCP p. 707
Gradual	S-236	Hymnal
Offertory Hymn	480	Hymnal
Doxology	<i>Praise God, from whom all blessings flow;          Praise God, all creatures here below;          Praise God above, ye heav'nly host:          Praise Father, Son, and Holy Ghost. Amen</i>	

*All baptized Christians are welcome to receive communion. If you would like to receive a blessing instead, cross your arms across your chest when you are at the altar rail. Whoever you are, wherever you are in your journey of faith, you are welcome to receive initiation into the church through the sacrament of baptism. Gluten free bread available.*

Eucharistic Prayer B		BCP p. 367
Sanctus	S-129	Hymnal
Fraction Anthem	S-154	Hymnal
Closing Hymn	109	Hymnal
Postlude	Noel	Claude Balbastre

## THIS WEEK'S ANNOUNCEMENTS

**The Epiphany Pageant** will be at the 10am service next Sunday, January 12th. There's still room for more angels, sheep, wise ones and so on. Email Karin at [karina.holsinger@gmail.com](mailto:karina.holsinger@gmail.com) if you would like to sign up.

**Learn to Pray.** Christopher will be coaching small groups of people to get into and maintain a rhythm of daily prayer starting on the weekend of January 12th. Possible times are Saturday morning and Sunday after church. Email him at [c.h.mrtn@gmail.com](mailto:c.h.mrtn@gmail.com).

## SERVING TODAY

Preacher & Celebrant:	The Rev. Christopher H. Martin
Choirmaster/Organist:	Michael Struck
Acolytes:	Michael Green, Dawn Rice, Demelza Rice
Readers:	Michael Green, Dawn Rice, Demelza Rice, Kate Sprague
Ushers:	Eric Guastavino, Larry Santucci
Altar Guild:	Michael Green, Linda Danford, Katie Taggart, Jane Santucci

# CHRISTOPHER'S WEEKLY MESSAGE

## PRAYER IN 2020

Tomorrow, we'll be in Epiphany when we celebrate the spread of the light of Christ. One way to participate in that light is to pray.

I will be focusing on prayer in the first quarter of 2020. On Wednesday, February 26th, Ash Wednesday, right after the evening service, I will be teaching a daily prayer that has become the center of my spiritual life and the center of the spiritual lives of at least five other people at St. Paul's. It is **"O God, send me this day to do the work you have given me to do, to love and serve you with gladness and singleness of heart."**

The prayer is the first of 3 prayers, 3 games and a song, all of which are aimed towards living life "with gladness and singleness of heart." I will be teaching these seven practices through Lent.

The key to it all is prayer. If, by February, you are not yet in the rhythm of 20 minutes a day of prayer, I will ask you to tape the prayer to your bathroom mirror and say it after you brush your teeth in the morning. If you are in that rhythm, I will ask you to pray it at the end of each morning prayer time.

Backing up to the beginning of the year, I will be offering Basic Discipleship on Saturday mornings and Sundays after the 10am service. Basic Discipleship is when I coach people into the rhythm of 20 minutes of daily prayer.

Blessings,  
Christopher

At St. Pauls...Giving is Easy!  
<https://onrealm.org/StPaulsSanRafael/Give>  
No login or Realm account needed



## REGULAR PRAYER AND STUDY - OPEN TO ALL

Spiritual Forum	Sundays at 9am in Duncan Hall
Book Group	Sundays at 11:30am in the Upper Room
Centering Prayer Group	2nd and 4th Sundays at 7pm in Duncan Hall
Morning Prayer	Tuesdays at 7:30am in the Church
Bible Studies	Wednesdays at 10am in Duncan Hall Thursdays at 6:15pm in the Downing Library

## WHO'S WHO AT ST. PAUL'S

### The Governing Board (called the Vestry)

Walter Tanner (Senior Warden), Buzz Wollam (Junior Warden), Libby Silvestri, Richard Micheli, Katie Taggart, Michael Welcome, Patrick Bowen and Janie Burtch (Secretary)

**Campus Care** Steve Avanzino, Keatin Holly, Pat Curtis, David Hardin, Eric Guastavino and Larry Santucci

**Finances** Holly Pritchard, Lorrie Bugatto and John McDermott

**Music** Michael Struck

<b>Acolytes and Readers</b>	Dawn Rice
<b>Ushers</b>	Gary Towery and Larry Santucci
<b>Altar Guild</b>	Judy Rowcliffe
<b>Altar Flowers</b>	Alex Elliot

<b>Children's Ministry</b>	Karin Holsinger
<b>Youth Group</b>	David Hardin

<b>Downing Library</b>	Tom Witt
<b>Epistle (Monthly Newsletter)</b>	Chloe Martin
<b>Service Bulletins and Centering Prayer</b>	Chris Olson
<b>St. Anne's</b>	Alice King
<b>Monthly Book Group and St. Paul's History</b>	Joy Moss

<b>Death Row Ministry</b>	Richard Olive
<b>Teen Success Breakfast</b>	Ginny Horton
<b>San Rafael Health Care Worship</b>	Sue Adamson
<b>St. Monnica's Mutual Housing Community</b>	Jacob Moody and Kati Dombrosky
<b>Our Homeless Neighbors</b>	Bobby Owen and Ginny Horton

## PRAYER LIST

Anne Wilms	Hasan, Connie, Zachariah, Sienna & George Sume	Maynard W (surgery Dec.5)
Bishop Marc	Jaime K	Mike A
Catherine C & Family	Joan Peterson	Mike Z
Connie	Joseph Cook	Norton Family
Dale	Joshua Lindsay & Family	Olivia Monforte
David S	Justin Merriman	Sandy & Herbert
Dennis Rowcliffe	Laura Gordon	Susan Fischer
Earl	Linda Bartera	Susan Parkinson
Eva Anderson	Mark Hardin	Those In Border Cages
Felicia D	Mary & Jim	Y.A.H.