



ST. PAUL'S

EPISCOPAL CHURCH

A Sacred Space for Your Busy Life

Sunday, December 29, 2019, the First Sunday after Christmas

We especially welcome visitors and newcomers today. Please fill out the newcomer card in the pew and place it in the collection plate or give it to a member of the clergy. Following the service, the clergy will be standing near the doors to greet you. We encourage you to join us for coffee hour in Duncan Hall. For more information about St. Paul's, please visit www.StPaulsSanRafael.org or call our office at 415.456.4842.

At St. Paul's we are all called to follow Jesus together in worship, prayer and service.

WORSHIP

The service begins on page 355 of the Book of Common Prayer (BCP)

Prelude	Christmas Morning Song	George Blake
Opening Hymn	87	Hymnal
Gloria	S-86 <i>(Service music found in front of hymnal)</i>	Hymnal
Psalm	147	BCP p. 804
Gradual	S-247	Hymnal
Offertory Hymn	115	Hymnal
Doxology	<i>Praise God, from whom all blessings flow; Praise God, all creatures here below; Praise God above, ye heav'nly host: Praise Father, Son, and Holy Ghost. Amen</i>	

All baptized Christians are welcome to receive communion. If you would like to receive a blessing instead, cross your arms across your chest when you are at the altar rail. Whoever you are, wherever you are in your journey of faith, you are welcome to receive initiation into the church through the sacrament of baptism. Gluten free bread available.

Eucharistic Prayer B		BCP p. 367
Sanctus	S-124	Hymnal
Fraction Anthem	S-161	Hymnal
Communion Hymn	497	Hymnal
Closing Hymn	100	Hymnal
Postlude	Prelude	Randolph Currie

The Altar Flowers are given by Jack Beggs to the glory of God
and in loving memory of Marjorie Beggs.

“She was a honey of a wife.”

THIS WEEK'S ANNOUNCEMENTS

The Epiphany Pageant will be at the 10am service on Sunday, January 12th. There's still room for more angels, sheep, wise ones and so on. Email Karin at karina.holsinger@gmail.com if you would like to sign up.

Learn to Pray. Christopher will be coaching small group of people to get into and maintain a rhythm of daily prayer starting on the weekend of January 12th. Possible times are Saturday morning and Sunday after church. Email him at c.h.mrtn@gmail.com.

SERVING TODAY

Preacher & Celebrant:	The Rev. Christopher H. Martin
Choirmaster/Organist:	Michael Struck
Acolytes:	Michael Green, Chris Hammond, Pamela Barnes
Readers:	Michael Green, Chris Hammond, Judy Rowcliffe
Ushers:	Steve Avanzino, Katie Taggart
Altar Guild:	Brigitte McCulloch, Felicia Demann, Walter Tanner, Holly Pritchard

CHRISTOPHER'S WEEKLY MESSAGE

PRAYER IN 2020

In less than 2 weeks the days start getting longer again. Soon, we'll be in Epiphany when we celebrate the spread of the light of Christ. One way to participate in that light is to pray.

I will be focusing on prayer in the first quarter of 2020. On Wednesday, February 26th, Ash Wednesday, right after the evening service, I will be teaching a daily prayer that has become the center of my spiritual life and the center of the spiritual lives of at least five other people at St. Paul's. It is **"O God, send me this day to do the work you have given me to do, to love and serve you with gladness and singleness of heart."**

The prayer is the first of 3 prayers, 3 games and a song, all of which are aimed towards living life "with gladness and singleness of heart." I will be teaching these seven practices through Lent.

The key to it all is prayer. If, by February, you are not yet in the rhythm of 20 minutes a day of prayer, I will ask you to tape the prayer to your bathroom mirror and say it after you brush your teeth in the morning. If you are in that rhythm, I will ask you to pray it at the end of each morning prayer time.

Backing up to the beginning of the year, I will be offering Basic Discipleship on Saturday mornings and Sundays after the 10am service. Basic Discipleship is when I coach people into the rhythm of 20 minutes of daily prayer.

I know, you're busy and distracted right now with all the things of December. But I hope this email has planted a seed that will bear beautiful fruit in the new year.

Christmas services are, as always, 5pm and 10:30pm Christmas Eve and 10am Christmas morning followed by a pot luck feast hosted by the Martins in Duncan Hall.

Blessings,
Christopher

REGULAR PRAYER AND STUDY - OPEN TO ALL

Spiritual Forum	Sundays at 9am in Duncan Hall
Book Group	Sundays at 11:30am in the Upper Room
Centering Prayer Group	2nd and 4th Sundays at 7pm in Duncan Hall
Morning Prayer	Tuesdays at 7:30am in the Church
Bible Studies	Wednesdays at 10am in Duncan Hall Thursdays at 6:15pm in the Downing Library

WHO'S WHO AT ST. PAUL'S

The Governing Board (called the Vestry)

Walter Tanner (Senior Warden), Buzz Wollam (Junior Warden), Libby Silvestri, Richard Micheli, Katie Taggart, Michael Welcome, Patrick Bowen and Janie Burtch (Secretary)

Campus Care Steve Avanzino, Keatin Holly, Pat Curtis, David Hardin, Eric Guastavino and Larry Santucci

Finances Holly Pritchard, Lorrie Bugatto and John McDermott

Music Michael Struck

Acolytes and Readers	Dawn Rice
Ushers	Gary Towery and Larry Santucci
Altar Guild	Judy Rowcliffe
Altar Flowers	Alex Elliot

Children's Ministry Karin Holsinger
Youth Group David Hardin

Downing Library	Tom Witt
Epistle (Monthly Newsletter)	Chloe Martin
Service Bulletins and Centering Prayer	Chris Olson
St. Anne's	Alice King
Monthly Book Group and St. Paul's History	Joy Moss

Death Row Ministry	Richard Olive
Teen Success Breakfast	Ginny Horton
San Rafael Health Care Worship	Sue Adamson
St. Monnica's Mutual Housing Community	Jacob Moody and Kati Dombrosky
Our Homeless Neighbors	Bobby Owen and Ginny Horton

PRAYER LIST

Bishop Marc	Jaime K	Maynard W (surgery Dec.5)
Catherine C & Family	Joan Peterson	Mike A
Dale	Joseph Cook	Mike Z
David S	Joshua Lindsay & Family	Olivia Monforte
Dennis Rowcliffe	Justin Merriman	Sandy & Herbert
Earl	Laura Gordon	Susan Fischer
Eva Anderson	Linda Bartera	Susan Parkinson
Felicia D	Mark Hardin	Those In Border Cages
Hasan, Connie, Zachariah, Sienna & George Sume	Mary & Jim	Y.A.H.