



# ST. PAUL'S

## EPISCOPAL CHURCH

### A Sacred Space for Your Busy Life

Sunday, October 20, 2019, the Nineteenth Sunday after Pentecost

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We especially welcome visitors and newcomers today. Please fill out the newcomer card in the pew and place it in the collection plate or give it to a member of the clergy. Following the service, the clergy will be standing near the doors to greet you. We encourage you to join us for coffee hour in Duncan Hall. For more information about St. Paul's, please visit [www.StPaulsSanRafael.org](http://www.StPaulsSanRafael.org) or call our office at 415.456.4842.

At St. Paul's we are all called to follow Jesus together in worship, prayer and service.

### WORSHIP

*The service begins on page 355 of the Book of Common Prayer (BCP)*

Prelude	Prelude and Fugue	Dietrich Buxtehude
Opening Hymn	680	Hymnal
Gloria	S-280 <i>(Service music found in front of hymnal)</i>	Hymnal
Psalm	119:97-104	BCP p. 771
Gradual	Alleluia, Alleluia, Alleluia	
Prayers of the People	Form IV	BCP p. 388
Offertory Anthem	Gloria	Giovanni Pergolesi
Doxology	<i>Praise God, from whom all blessings flow; Praise God, all creatures here below; Praise God above, ye heav'nly host: Praise Father, Son, and Holy Ghost. Amen</i>	

*All baptized Christians are welcome to receive communion. If you would like to receive a blessing instead, cross your arms across your chest when you are at the altar rail. Whoever you are, wherever you are in your journey of faith, you are welcome to receive initiation into the church through the sacrament of baptism. Gluten free bread available.*

Eucharistic Prayer A		BCP p. 361
Sanctus	S-130	Hymnal
Fraction Anthem	S-154	Hymnal
Communion Hymn	458	Hymnal
Closing Hymn	690	Hymnal
Postlude	Allegro	Dietrich Buxtehude

The Altar Flowers are given by Scott Hastings to the glory of God and in loving memory of his parents, Tom and Sarah Jane Hastings.

## THIS WEEK'S ANNOUNCEMENTS

**Centering Prayer Workshop.** On Saturday, October 26th, from 9am to noon, parishioner Richard Olive invites his friend Terry Ryan to lead this workshop in Duncan Hall. Father Terry spends much of his time at St. Benedict's Monastery in Snowmass, Colo., where the late Thomas Keating, founder of the Centering Prayer Movement, was abbot for many years. It will include a 20-minute silent meditation. There is no registration and the event is free, although a free-will offering is appreciated to defray expenses.

**The Spiritual Forum,** from 9:00 to 9:45 each Sunday in the conversation end of Duncan Hall, will be reading aloud and discussing ancient spiritual wisdom. All are welcome to jump in at any time.

**Bible Studies.** The Wednesday 10am Bible Study is reading the seven short letters from James to Jude and the Thursday 6:20pm Bible Study is reading the Gospel of Mark. All are welcome.

## SERVING TODAY

Preacher & Celebrant:	The Rev. Christopher H. Martin
Choirmaster/Organist:	Michael Struck
Acolytes:	Michael Green, Pamela Barnes, Nan Marie Wollam
Readers:	Michael Green, Pamela Barnes, Neville Armstrong
Ushers:	Neville Armstrong, Scott Hastings
Altar Guild:	Michael Green, Judy Rowcliffe, Joy Moss, Al Petrie, Pamela Barnes

# CHRISTOPHER'S WEEKLY MESSAGE

## THE WORK IS VERY NEAR YOU

For the next few weeks, instead of printing my weekly email message, I will share in this space the baseline teaching for The Work is Very Near You. Already, people at St. Paul's are assuming these practices and seeing some beautiful results in their daily life. This first part of the multi-week teaching is the working assumptions that get us toward the daily, hourly and weekly practices:

A. **Sent This Week.** All 3 of our Post-Communion Prayers send us out into the world to do the work God sends us to do. Here is the relevant sentence from each.

- Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart.
- And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses.
- And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that Holy Fellowship, and do all such good works as thou hast prepared for us to walk in.

Notice that everyone says these prayers. These aren't for those who know they have "gifts" or have discerned a "call." These prayers apply to all of us all the time.

B. **The Work is Very Near You.** Here is the quote from Deuteronomy, with "work" instead of "word." I also added "in your hands" to go with the word work. It is from 30:11-20.

- Surely the commandment that I am commanding you today is not too hard for you, nor is it too far away... no, the work is very near you; it is in your mouth and in your heart and in your hands... I have set before you life and death, blessings and curses. Choose life that you and your descendents may live...loving the LORD your God.

C. **Sent.** The other key word in the post-communion prayers is "sent." Here is the revised vow of Discipleship Groups and the scriptural passage on which it is based, John 20:19-23.

- By God's grace, I will do the work God sends me to do this week, remembering that Jesus says "as the Father has sent me, so I send you"(Jn. 20:21) entrusting my Discipleship Group to test and support that work.
- When it was evening on that day, the first day of the week, and the doors of the house where the disciples had met were locked for fear of the Jews, Jesus came and stood among them and said, "Peace be with you. As the Father has sent me, so I send you." When he had said this, he breathed on them and said to them, "Receive the Holy Spirit. If you forgive the sins of any, they are forgiven them; if you retain the sins of any, they are retained."

Blessings,  
Christopher

## REGULAR PRAYER AND STUDY - OPEN TO ALL

Spiritual Forum	Sundays at 9am in Duncan Hall
Book Group	Sundays at 11:30am in the Upper Room
Centering Prayer Group	2nd and 4th Sundays at 7pm in Duncan Hall
Morning Prayer	Tuesdays at 7:30am in the Church
Bible Studies	Wednesdays at 10am in Duncan Hall Thursdays at 6:15pm in the Downing Library

## WHO'S WHO AT ST. PAUL'S

### The Governing Board (called the Vestry)

Walter Tanner (Senior Warden), Buzz Wollam (Junior Warden), Libby Silvestri, Tom Witt, Richard Micheli, Katie Taggart, Michael Welcome, Patrick Bowen and Janie Burtch (Secretary)

**Campus Care** Steve Avanzino, Keatin Holly, Pat Curtis, David Hardin, Eric Guastavino and Larry Santucci

**Finances** Holly Pritchard, Lorrie Bugatto and John McDermott

**Music** Michael Struck

<b>Acolytes and Readers</b>	Dawn Rice
<b>Ushers</b>	Gary Towery and Larry Santucci
<b>Altar Guild</b>	Judy Rowcliffe
<b>Altar Flowers</b>	Alex Elliot

**Children's Ministry** Karin Holsinger  
**Youth Group** David Hardin

<b>Downing Library</b>	Tom Witt
<b>Epistle (Monthly Newsletter)</b>	Chloe Martin
<b>Service Bulletins and Centering Prayer</b>	Chris Olson
<b>St. Anne's</b>	Alice King
<b>Monthly Book Group and St. Paul's History</b>	Joy Moss

<b>Death Row Ministry</b>	Richard Olive
<b>Teen Success Breakfast</b>	Ginny Horton
<b>San Rafael Health Care Worship</b>	Sue Adamson
<b>St. Monnica's Mutual Housing Community</b>	Jacob Moody and Kati Dombrosky
<b>Our Homeless Neighbors</b>	Bobby Owen and Ginny Horton

## PRAYER LIST

Bishop Marc	Jack Beggs	Mary & Jim
Dale	Jaime K	Mike A
David S	Joan Peterson	Mike Z
Dorian Survivors	Joseph Cook	Olivia Monforte
Earl	Justin Merriman	Sandy & Herbert
Eva Anderson	Laura Gordon	Susan Fischer
Felicia D	Linda Bartera	Those In Border Cages
Hasan, Connie, Zachariah, Sienna & George Sume	Mark Hardin	Y.A.H.