



ST. PAUL'S

EPISCOPAL CHURCH

A Sacred Space for Your Busy Life

Sunday, April 14, 2019, Palm Sunday

We especially welcome visitors and newcomers today. Please fill out the newcomer card in the pew and place it in the collection plate or give it to a member of the clergy. Following the service, the clergy will be standing near the doors to greet you. We encourage you to join us for coffee hour in Duncan Hall. For more information about St. Paul's, please visit www.StPaulsSanRafael.org or call our office at 415.456.4842.

At St. Paul's we are all called to follow Jesus together in worship, prayer and service.

WORSHIP

The service begins in the bulletin insert

Prelude	Prelude in Eb minor	J. S. Bach
Opening Hymn	154	Hymnal
Psalm	31:9-16	BCP p. 623
Gradual	S-102 <i>(S)ervice music found in front of hymnal</i>	Hymnal
Prayers of the People	Form IV	BCP p. 388
Offertory Anthem	Is It Nothing to You	Robert Powell
Doxology	<i>Praise God, from whom all blessings flow; Praise God, all creatures here below; Praise God above, ye heav'nly host: Praise Father, Son, and Holy Ghost. Amen</i>	
Presentation		
	Celebrant: All things come of Thee, O Lord.	
	People: And of thine own have we given Thee.	

All baptized Christians are welcome to receive communion. If you would like to receive a blessing, cross your arms across your chest when you are at the altar rail. Whoever you are, wherever you are in your journey of faith, you are welcome to receive initiation into the church through the sacrament of baptism.

Eucharistic Prayer B		BCP p. 367
Sanctus	S-124	Hymnal
Fraction Anthem	S-161	Hymnal
Prayer of Humble Access		<i>See second page</i>
Communion Hymn	168	Hymnal
Closing Hymn	158	Hymnal

THIS WEEK'S ANNOUNCEMENTS

Stations of the Cross will be celebrated at Church of the Redeemer at 123 Knight Drive at 7pm on Monday and at St. Paul's at 10am Wednesday. The stations will be up until the Easter Vigil and you are welcome to come and pray them yourself. The liturgy is one the table in the back.

Tennebrae will be on Wednesday night at Church of the Nativity church at 333 Ellen Drive. Readers and acolytes from St. Paul's are welcome to participate. Email Christopher at c.h.mrtn@gmail.com. All are welcome to this ancient worship service of light and darkness.

Soup Supper will be served by Grace Marin in Duncan Hall at 6pm on Thursday, preceding our shared 7pm Maundy Thursday service.

Living Buddha, Living Christ. The Sunday morning book discussion of this classic bestseller by Vietnamese Zen teacher, Thích Nhất Hạnh, will return after Holy Week.

Holy Week Service Times:

4/18 Maundy Thursday 7pm

4/19 Good Friday 12:00pm

4/20 Easter Vigil 7pm

4/21 Easter Morning 8am & 10am

SERVING TODAY

Celebrant:	The Rev. Christopher H. Martin
Choirmaster/Organist:	Michael Struck
Acolytes:	Valerie Zander, Chris Hammond, Nan Marie Wollam
Readers:	Valerie Zander, Chris Hammond, Jack Beggs
Ushers:	Don Smith, Buzz Wollam
Altar Guild:	Brigitte McCulloch, Felicia Demann, Walter Tanner, Holly Pritchard

Prayer of Humble Access

We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.

CHRISTOPHER'S WEEKLY MESSAGE

YOUR OWN LEADER THROUGH PENTECOST

On Friday I will be sending you an email with the full rundown of Holy Week services. Today, I want to help you get spiritually oriented through May and into June.

The first of the three Landmarks that the RenewalWorks Group shared with us is for each of us to "become spiritual leaders of our own faith." The RenewalWorks Group met Saturday and the Vestry met last night and all decided and affirmed that we ought to hold attention together to that first Landmark through Pentecost, which is June 9th. (See below for the lists of who is in those two groups.)

Through Lent, we have been invited to become spiritual leaders of our own faith through sharing our Lenten practice, if we had one. Over 30 of us did just that, and nearly 20 of us also followed up with some remarkably deep conversation this past Sunday.

What can we expect after Holy Week?

There are four things to pay attention to, which I list below. What's important to bear in mind is that people at St. Paul's generally become spiritual leaders of their own faith through one of two paths- Cursillo and/or Discipleship Groups. With that in mind...

1. **The Sacred Gaze.** On Saturday, April 27th, Terry O'Ryan, a friend of Richard O's, will be leading a morning on Christian meditation from 9am to noon at St. Paul's. Daily prayer is a core value of both Cursillo and Discipleship Groups, and many have made meditation or contemplative prayer their daily discipline. This is a great opportunity to begin or reinvigorate your practice.

2. **Your Weekly Call.** On Saturday, May 4th, from 8:30am to 10:00am I will be introducing a revised version of the most important of the 7 vows of Discipleship Groups, the one on call, which is in its final stage of testing. I will be sharing a one sheet that has both the new vow and the practical and scriptural roots of this profound and simple sentence. It is the fruit of over a year of reflection, conversation and prayer. Whether or not you are in a Discipleship Group, this will be both accessible and spiritually useful for you.

3. **Men's Cursillo.** This immersive experience is available for men from Thursday, May 13th to Sunday, May 18th at San Francisco Theological Seminary in San Anselmo. Many of us at St. Paul's have made a Cursillo weekend and treasure it as a foundational experience in our walk with Jesus. Many have gone on to make the vibrant Marin Cursillo community the path to becoming spiritual leaders of their own faith. The women's retreat is already full. There's still room in the men's. Please speak to Bruce B. or Patrick B. to find out more.

4. **Annual Assessment of Practices.** From Thursday, May 30th until Sunday, June 9th, from Ascension to Pentecost, you will have the opportunity to take the online, 5 minute, Annual Assessment of Spiritual Practices. This simple instrument provides a view of where you are in relation to 7 Core Christian Practices. It also anonymously provides us data into where we're spiritually strong as a community and where we need to still pay attention together. It's the perfect way to conclude this season of our focus on the Landmark of becoming spiritual leaders of our own faith.

If you've made it this far in this email, bless you! And see you on Sunday for Palm Sunday. The members of the Vestry and the RenewalWorks Group are listed below.

Blessings,
Christopher

REGULAR PRAYER AND STUDY - OPEN TO ALL

Spiritual Forum	Sundays at 9am in Duncan Hall
Book Group	Sundays at 11:30am in the Upper Room
Centering Prayer Group	2nd and 4th Sundays at 7pm in Duncan Hall
Morning Prayer	Tuesdays at 7:30am in the Church
Bible Study	Wednesdays at 10am in Duncan Hall

WHO'S WHO AT ST. PAUL'S

The Governing Board (called the Vestry)

Walter Tanner (Senior Warden), Buzz Wollam (Junior Warden), Libby Silvestri, Tom Witt, Richard Micheli, Katie Taggart, Michael Welcome, Patrick Bowen and Janie Burtch (Secretary)

Campus Care Steve Avanzino, Keatin Holly, Pat Curtis, David Hardin, Eric Guastavino and Larry Santucci

Finances Holly Pritchard, Lorrie Buggatto and John McDermott

Music Michael Struck

Acolytes and Readers	Dawn Rice
Ushers	Gary Towery and Larry Santucci
Altar Guild	Judy Rowcliffe
Altar Flowers	Alex Elliot

Children's Ministry	Kati Dombrosky
Youth Group	David Hardin

Downing Library	Tom Witt
Epistle (Monthly Newsletter)	Chloe Martin
Service Bulletins and Centering Prayer	Chris Olson
St. Anne's	Alice King
Monthly Book Group and St. Paul's History	Joy Moss

Death Row Ministry	Richard Olive
Teen Success Breakfast	Ginny Horton
San Rafael Health Care Worship	Sue Adamson
St. Monnica's Mutual Housing Community	Jacob Moody and Kati Dombrosky
Our Homeless Neighbors	Bobby Owen and Ginny Horton

PRAYER LIST

Abby	Cathy Westover	Laura Gordon	Olivia Monforte
Alberta Buller	David S	Lynne, Earl, Austen & Levi Love	Paradise Survivors
Andrey	Jayne F	Mark Hardin	Rose
Anna, Marie & Donnie	Kappen Family	Mary Lou	Sandy & Herbert
Beverly B	Kevin Sobalvarro	Mike R	Sue Merriman
Caravan in Mexico	Larry W & Family	Miriam	Wendy & Family