



# ST. PAUL'S

## EPISCOPAL CHURCH

### A Sacred Space for Your Busy Life

Sunday, March 24, 2019, the Third Sunday in Lent

We especially welcome visitors and newcomers today. Please fill out the newcomer card in the pew and place it in the collection plate or give it to a member of the clergy. Following the service, the clergy will be standing near the doors to greet you. We encourage you to join us for coffee hour in Duncan Hall. For more information about St. Paul's, please visit [www.StPaulsSanRafael.org](http://www.StPaulsSanRafael.org) or call our office at 415.456.4842.

At St. Paul's we are all called to follow Jesus together in worship, prayer and service.

### WORSHIP

*The service begins on page 355 of the Book of Common Prayer (BCP)*

Prelude	Forgive Our Sins	from Kentucky Harmony
Opening Hymn	648	Hymnal
Kyrie	S-86	Hymnal
Psalm	63:1-8	BCP p. 670
Gradual	S-102	Hymnal
Prayers of the People	Form IV	BCP p. 388
Offertory Hymn	693	Hymnal
Doxology	<i>Praise God, from whom all blessings flow; Praise God, all creatures here below; Praise God above, ye heav'nly host: Praise Father, Son, and Holy Ghost. Amen</i>	

#### Presentation

Celebrant: All things come of Thee, O Lord.  
People: And of thine own have we given Thee.

*All baptized Christians are welcome to receive communion. If you would like to receive a blessing, cross your arms across your chest when you are at the altar rail. Whoever you are, wherever you are in your journey of faith, you are welcome to receive initiation into the church through the sacrament of baptism.*

Eucharistic Prayer B		BCP p. 367
Sanctus	S-124	Hymnal
Fraction Anthem	S-161	Hymnal
Prayer of Humble Access		<i>See third page</i>
Communion Hymn	O Wheat Whose Crushing	<i>Insert</i>
Closing Hymn	Give Me Oil in my Lamp	<i>Insert</i>
Postlude	Broken Vessels	Hillsong Worship

## THIS WEEK'S ANNOUNCEMENTS

**Living Buddha, Living Christ.** All are invited to join us in a convivial book discussion of the classic bestseller by Vietnamese Zen teacher, Thích Nhất Hạnh, as we seek to understand the common denominators between two great spiritual paths. We meet in the Upper Room, on the second floor, above Duncan Hall, Sundays between 11:30 and 12:30.

## SERVING TODAY

Preacher & Celebrant:	The Rev. Christopher Martin
Choirmaster/Organist:	Michael Struck
Acolytes:	Brigitte McCulloch, Chris Olson, Chris Hammond
Readers:	Brigitte McCulloch, Chris Olson, Judy Rowcliffe
Ushers:	Steve Avanzino, Katie Taggart
Altar Guild:	Brigitte McCulloch, Kathleen Minor, Ann Lisk, Alex Elliot

## CHRISTOPHER'S WEEKLY MESSAGE

### Practitioners

We are deep into Lent now and, like Jesus, we have "set our face to go to Jerusalem." Holy Week is just over three weeks away.

For the first time, thanks to the RenewalWorks Group, we have all been asked to share out Lenten Discipline, if we have one. **27 of us have shared our Discipline.** At the end of Lent, we are all going to be invited to share, if we would like, what the experience of our Discipline has been like and if we learned anything.

My discipline has been fasting from internet news and I'm surprised by how different my days feel now that I'm not checking news multiple times a day. I look forward to sharing my experience when I'm invited by the RenewalWorks group in a couple of weeks.

This Lenten invitation was in response to the Spiritual Inventory that 84 of us took in the fall. Based on the data that emerged from the survey, the RenewalWorks Group created three Landmarks and we are now focusing on the first one, **"Becoming Spiritual Leaders of our own faith."** One of the three signposts of that Landmark is to "embrace a life practicing the disciplines Jesus taught." I am so grateful that we are a community willing to try new practices for the sake of following Jesus.

Blessings,  
Christopher

### Prayer of Humble Access

We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.

## REGULAR PRAYER AND STUDY - OPEN TO ALL

Spiritual Forum	Sundays at 9am in Duncan Hall
Book Group	Sundays at 11:30am in the Upper Room
Centering Prayer Group	2nd and 4th Sundays at 7pm in Duncan Hall
Morning Prayer	Tuesdays at 7:30am in the Church
Bible Study	Wednesdays at 10am in Duncan Hall

## WHO'S WHO AT ST. PAUL'S

### The Governing Board (called the Vestry)

Walter Tanner (Senior Warden), Buzz Wollam (Junior Warden), Libby Silvestri, Tom Witt, Richard Micheli, Katie Taggart, Michael Welcome, Patrick Bowen and Janie Burtch (Secretary)

**Campus Care** Steve Avanzino, Keatin Holly, Pat Curtis, David Hardin, Eric Guastavino and Larry Santucci

**Finances** Holly Pritchard, Lorrie Buggatto and John McDermott

**Music** Michael Struck

<b>Acolytes and Readers</b>	Dawn Rice
<b>Ushers</b>	Gary Towery and Larry Santucci
<b>Altar Guild</b>	Judy Rowcliffe
<b>Altar Flowers</b>	Alex Elliot

<b>Children's Ministry</b>	Kati Dombrosky
<b>Youth Group</b>	David Hardin

<b>Downing Library</b>	Tom Witt
<b>Epistle (Monthly Newsletter)</b>	Chloe Martin
<b>Service Bulletins and Centering Prayer</b>	Chris Olson
<b>St. Anne's</b>	Alice King
<b>Monthly Book Group and St. Paul's History</b>	Joy Moss

<b>Death Row Ministry</b>	Richard Olive
<b>Teen Success Breakfast</b>	Ginny Horton
<b>San Rafael Health Care Worship</b>	Sue Adamson
<b>St. Monnica's Mutual Housing Community</b>	Jacob Moody and Kati Dombrosky
<b>Our Homeless Neighbors</b>	Bobby Owen and Ginny Horton

## PRAYER LIST

Abby	Cathy Westover	Mark Hardin	Rose
Alberta Buller	Jayne F	Mary Lou	Sandy & Herbert
Andrey	Kappen Family	Mike R	Sue Merriman
Anna, Marie & Donnie	Kevin Sobalvarro	Miriam	Wendy & Family
Beverly B	Larry W & Family	Olivia Monforte	
Caravan in Mexico	Laura Gordon	Paradise Survivors	