



# ST. PAUL'S

## EPISCOPAL CHURCH

### A Sacred Space for Your Busy Life

Sunday, March 10, 2019, the First Sunday in Lent

We especially welcome visitors and newcomers today. Please fill out the newcomer card in the pew and place it in the collection plate or give it to a member of the clergy. Following the service, the clergy will be standing near the doors to greet you. We encourage you to join us for coffee hour in Duncan Hall. For more information about St. Paul's, please visit [www.StPaulsSanRafael.org](http://www.StPaulsSanRafael.org) or call our office at 415.456.4842.

At St. Paul's we are all called to follow Jesus together in worship, prayer and service.

### WORSHIP

*The service begins on page 355 of the Book of Common Prayer (BCP)*

Prelude	Preludium	Michael Haydn
The Great Litany	S-67 <i>(Service music found in front of hymnal)</i>	Hymnal
Kyrie	S-86	Hymnal
Psalm	91:1-2, 9-16	BCP p. 719
Gradual	S-102	Hymnal
Prayers of the People	Form IV	BCP p. 388
Offertory Hymn	143	Hymnal
Doxology	<i>Praise God, from whom all blessings flow; Praise God, all creatures here below; Praise God above, ye heav'nly host: Praise Father, Son, and Holy Ghost. Amen</i>	

#### Presentation

Celebrant: All things come of Thee, O Lord.  
People: And of thine own have we given Thee.

*All baptized Christians are welcome to receive communion. If you would like to receive a blessing, cross your arms across your chest when you are at the altar rail. Whoever you are, wherever you are in your journey of faith, you are welcome to receive initiation into the church through the sacrament of baptism.*

Eucharistic Prayer B		BCP p. 367
Sanctus	S-114	Hymnal
Fraction Anthem	S-161	Hymnal
Prayer of Humble Access		<i>See third page</i>
Communion Music	Benedictus	Josef Haydn
Closing Hymn	150	Hymnal
Postlude	Preludium	Michael Haydn

## THIS WEEK'S ANNOUNCEMENTS

**Basic Discipleship+** On either Saturdays at 8:30am or Sundays at 11:30, starting March 9/10, Christopher leads a small group of people in the practices of prayer, telling their story, listening to others and doing the work God sends them to do with gladness and singleness of heart. Email him at [c.h.mrtn@gmail.com](mailto:c.h.mrtn@gmail.com).

**Living Buddha, Living Christ.** All are invited to join us in a convivial book discussion of the classic bestseller by Vietnamese Zen teacher, Thích Nhất Hạnh, as we seek to understand the common denominators between two great spiritual paths. We meet in the Upper Room, on the second floor, above Duncan Hall, Sundays between 11:30 and 12:30.

**Death Café.** Sunday, March 10 4-6 pm in Duncan Hall. All are welcome for an open and uplifting conversation about death and dying, life and living. Refreshments will be served.

**Death Row Ministry.** This Wednesday, the 13th, from 5:30pm to 6:30pm is the bi-monthly meeting of people involved in and interested in our Ministry to Death Row. This is the perfect "come and see" event. It's in Duncan Hall.

**St Paul's Book Club** will meet on March 15th at 4 p.m. in Duncan Hall. The book we will be discussing is Running the Books: the Adventures of an Accidental Prison Librarian by Avi Steinberg. A look at prison life from a unique perspective.

**Book Launch.** Come celebrate the publication of parishioner Karin Holsinger's book, *Candle Walk*, Saturday, March 23rd in Duncan Hall. It's a children's picture book that serves as an introduction to the beautiful evening service of Compline.

## SERVING TODAY

Preacher & Celebrant:	The Rev. Christopher Martin
Choirmaster/Organist:	Michael Struck
Acolytes:	Valerie Zander, Nan Marie Wollam, Eric Guastavino
Readers:	Valerie Zander, Nan Marie Wollam, John Dury
Ushers:	Don Smith, Buzz Wollam
Altar Guild:	Brigitte McCulloch, Felicia Demann, Walter Tanner, Holly Pritchard

## CHRISTOPHER'S WEEKLY MESSAGE

5 DAYS, 5 INVITATIONS

Over the next 5 days there are 5 invitations to become a spiritual leader of your own faith:

**Wednesday- Ashes.** Ash Wednesday services are at 7:30am, noon and 6:30pm. They are Eucharist with the imposition of ashes.

**Thursday- Flour.** At 10am help us place heritage flour into bags and then pray over them before sending them to dozens of our sister churches. The flour makes communion bread.

**Friday- Postcard.** By Friday, you should receive a postcard that states the first Landmark of our RenewalWorks Roadmap with its 3 Signposts. The Landmark is "Becoming spiritual leaders of our own faith." At the bottom is a line that will say "My Lenten practice is....." You are invited to fill it out.

**Saturday- Daily Prayer.** Saturday at 8:30am I offer personal coaching in Daily Prayer as part of Basic Discipleship. If your Lenten practice is daily prayer, this is the perfect place for you.

**Sunday- Celebration of Silence.** The 8am service will be a half hour Eucharist service rooted in silence and led by Tanner and Brigitte. (Also, I offer Basic Discipleship again, this time at 11:30am)

All of these are invitations to a Holy Lent.

Blessings,  
Christopher

Prayer of Humble Access

We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.

## REGULAR PRAYER AND STUDY - OPEN TO ALL

Spiritual Forum	Sundays at 9am in Duncan Hall
Book Group	Sundays at 11:30am in the Upper Room
Centering Prayer Group	2nd and 4th Sundays at 7pm in Duncan Hall
Morning Prayer	Tuesdays at 7:30am in the Church
Bible Study	Wednesdays at 10am in Duncan Hall

## WHO'S WHO AT ST. PAUL'S

### The Governing Board (called the Vestry)

Walter Tanner (Senior Warden), Buzz Wollam (Junior Warden), Libby Silvestri, Tom Witt, Richard Micheli, Katie Taggart, Michael Welcome, Patrick Bowen and Janie Burtch (Secretary)

**Campus Care** Steve Avanzino, Keatin Holly, Pat Curtis, David Hardin, Eric Guastavino and Larry Santucci

**Finances** Holly Pritchard, Lorrie Buggatto and John McDermott

**Music** Michael Struck

<b>Acolytes and Readers</b>	Dawn Rice
<b>Ushers</b>	Gary Towery and Larry Santucci
<b>Altar Guild</b>	Judy Rowcliffe
<b>Altar Flowers</b>	Alex Elliot

<b>Children's Ministry</b>	Kati Dombrosky
<b>Youth Group</b>	David Hardin

<b>Downing Library</b>	Tom Witt
<b>Epistle (Monthly Newsletter)</b>	Chloe Martin
<b>Service Bulletins and Centering Prayer</b>	Chris Olson
<b>St. Anne's</b>	Alice King
<b>Monthly Book Group and St. Paul's History</b>	Joy Moss

<b>Death Row Ministry</b>	Richard Olive
<b>Teen Success Breakfast</b>	Ginny Horton
<b>San Rafael Health Care Worship</b>	Sue Adamson
<b>St. Monnica's Mutual Housing Community</b>	Jacob Moody and Kati Dombrosky
<b>Our Homeless Neighbors</b>	Bobby Owen and Ginny Horton

## PRAYER LIST

Abby	Jayne F	Mary Lou	Sandy & Herbert
Andrey	Kappen Family	Mike R	Sue Merriman
Anna, Marie & Donnie	Kevin Sobalvarro	Miriam	Wendy & Family
Beverly B	Larry W & Family	Olivia Monforte	William Olive
Caravan in Mexico	Laura Gordon	Paradise Survivors	
Cathy Westover	Mark Hardin	Rose	