

# A Sacred Space for Your Busy Life

Sunday, February 24, 2019, the Seventh Sunday after the Epiphany

We especially welcome visitors and newcomers today. Please fill out the newcomer card in the pew and place it in the collection plate or give it to a member of the clergy. Following the service, the clergy will be standing near the doors to greet you. We encourage you to join us for coffee hour in Duncan Hall. For more information about St. Paul's, please visit www.StPaulsSanRafael.org or call our office at 415.456.4842.

At St. Paul's we are all called to follow Jesus together in worship, prayer and service.

### WORSHIP

The service begins on page 355 of the Book of Common Prayer (BCP)

Prelude	Give Me Jesus	arr. Moses Hogan
Opening Hymn	Thank you for the gift of Jesus	Insert
Gloria	S-280 (S)ervice music found in front of hymnal	Hymnal
Psalm	37:1-12, 41-42	BCP p. 633
Gradual	Alleluia, Alleluia	
Prayers of the People	Form III	BCP p. 387
Offertory Anthem	In the bulb there is a flower	Insert
Doxology	Praise God, from whom all blessings flow;	
	Praise God, all creatures here below;	
	Praise God above, ye heav'nly host:	
	Praise Father, Son, and Holy Ghost. Amen	

All haptized Christians are welcome to receive communion. If you would like to receive a blessing, cross your arms across your chest when you are at the altar rail. Whoever you are, wherever you are in your journey of faith, you are welcome to receive initiation into the church through the sacrament of haptism.

Eucharistic Prayer A		BCP p. 361
Sanctus	S-129	Hymnal
Fraction Anthem	S-154	Hymnal
Communion Hymn	The Servant Song	Insert
Closing Hymn	Sing to the Lord	Insert
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Postlude Chain Breaker Zach Williams

The Altar Flowers are given to the glory of God and in loving memory of Tex and Ellie Lea.

# THIS WEEK'S ANNOUNCEMENTS

**Living Buddha, Living Christ.** All are invited to join us in a convivial book discussion of the classic bestseller by Vietnamese Zen teacher, Thích Nhất Hanh, as we seek to understand the common denominators between two great spiritual paths. We meet in the Upper Room, on the second floor, above Duncan Hall, Sundays between 11:30 and 12:30.

**Open House.** All members of the St. Paul's community are welcome to a Mardi Gras Open House at the Martin's House in San Anselmo on Sunday, March 3rd, from 4pm to 6pm

**Ash Wednesday Services** are at 7:30am, noon and 6:30pm on March 6th. The service is a short Eucharist with the imposition of ashes.

**Blessed Flour.** On Thursday, March 7th from 10am to noon join a group from Honore in Duncan Hall to weigh and fill flour bags of special flour used for communion bread. Each bag will be blessed before being to sent to churches in eight states. This is the flour we use at St. Paul's.

**Basic Discipleship+** On either Saturdays at 8:30am or Sundays at 11:30, starting March 9/10, Christopher leads a small group of people in the practices of prayer, telling their story, listening to others and doing the work God sends them to do with gladness and singleness of heart. Email him at c.h.mrtn@gmail.com.

**Isaiah.** This month, the Thursday evening Bible Study begins to read the great biblical book of Isaiah. All are welcome at 6:16pm in the upstairs Downing Library.

### SERVING TODAY

Preacher & Celebrant: The Rev. Christopher Martin

Choirmaster/Organist: Michael Struck

Acolytes: Brigitte McCulloch, Eric Guastavino

Readers: Brigitte McCulloch, Karin Holsinger, Leila Sherman

Ushers: Steve Avanzino, Katie Taggart

Altar Guild: Brigitte McCulloch, Kathleen Minor, Judy Rowcliffe, Alex Elliot

# CHRISTOPHER'S WEEKLY MESSAGE

#### 3 THINGS AS LENT APPROACHES

Lent begins on Ash Wednesday, which is March 6th. Lent is the 40 days that lead to Holy Week, the most important time of the Christian year.

3 Things:

**Open House.** On Sunday, March 3rd, Chloe and I will host an Open House at our home in San Anselmo. Please come! These are always joyful times of connecting with new friends and connecting with old friends in new ways. It's a relaxed and necessary way we build community here at St. Paul's. It's from 4pm to 6pm. We live right up the hill from the United Market on the miracle mile.

Ash Wednesday Services. This brief Eucharist includes the imposition of ashes on your forehead with the sobering words "remember you are dust and to dust you shall return." The way we learn about Jesus is often through enacting the drama of his life. This service is the necessary first act. Services are at 7:30am, noon and 6:30pm on March 6th.

Basic Discipleship+. In this class I usually take a small group of people and we work together on 3 important Christian practices- daily prayer, telling our story and listening well to others. This Lent, I will be adding a fourth element- doing the work God has given us to do with gladness and singleness of heart. Basic D+ will be on Saturday's at 8:30am and Sunday's at 11:30am. They begin the first weekend of Lent, March 9th and 10th. Space is limited. Email me at c.h.mrtn@gmail.com to sign up.

Blessings, Christopher

### REGULAR PRAYER AND STUDY - OPEN TO ALL

Spiritual Forum Sundays at 9am in Duncan Hall

Book Group Sundays at 11:30am in the Upper Room Centering Prayer Group 2nd and 4th Sundays at 7pm in Duncan Hall

Morning Prayer Tuesdays at 7:30am in the Church Bible Study Wednesdays at 10am in Duncan Hall

### WHO'S WHO AT ST. PAUL'S

### The Governing Board (called the Vestry)

Walter Tanner (Senior Warden), Janie Burtch (Secretary), Buzz Wollam, Libby Silvestri, Tom Witt, Richard Micheli, Katie Taggart, Michael Welcome and Patrick Bowen

Campus Care Steve Avanzino, Keatin Holly, Pat Curtis, David Hardin, Eric Guastavino and Larry Santucci

Finances Holly Pritchard, Lorrie Buggatto and John McDermott

Music Michael Struck

Acolytes and Readers Dawn Rice

**Ushers** Gary Towery and Larry Santucci

Altar GuildJudy RowcliffeAltar FlowersAlex Elliot

Children's MinistryKati DombroskyYouth GroupDavid Hardin

Downing LibraryTom WittEpistle (Monthly Newsletter)Chloe MartinService Bulletins and Centering PrayerChris OlsonSt. Anne'sAlice KingMonthly Book Group and St. Paul's HistoryJoy Moss

Death Row MinistryRichard OliveTeen Success BreakfastGinny HortonSan Rafael Health Care WorshipSue Adamson

St. Monnica's Mutual Housing Community
Our Homeless Neighbors

Jacob Moody and Kati Dombrosky
Bobby Owen and Ginny Horton

### PRAYER LIST

Abby Jayme F Sandy & Herbert Mary Lou Kappen Family Mike R Sue Merriman Andrey Kevin Sobalvarro Miriam Wendy & Family Anna, Marie & Donnie Larry W & Family Olivia Monforte William Olive Beverly B

Caravan in Mexico Laura Gordon Paradise Survivors

Cathy Westover Mark Hardin Rose