



ST. PAUL'S

EPISCOPAL CHURCH

A Sacred Space for Your Busy Life

Sunday, July 29, 2018, the Tenth Sunday after Pentecost

We especially welcome visitors and newcomers today. Please fill out the newcomer card in the pew and place it in the collection plate or give it to a member of the clergy. Following the service, the clergy will be standing near the doors to greet you. We encourage you to join us for coffee hour in Duncan Hall. For more information about St. Paul's, please visit www.StPaulsSanRafael.org or call our office at 415.456.4842.

At St. Paul's we are all called to follow Jesus together in worship, prayer and service.

WORSHIP

The service begins on page 355 of the Book of Common Prayer (BCP)

Prelude	Allegro	J. S. Bach
Opening Hymn	707 <i>(to the tune <u>Salzberg</u>)</i>	Hymnal
Gloria	S-280 <i>(Service music found in front of hymnal)</i>	Hymnal
Psalm	14	BCP p. 598
Gradual	S-236	Hymnal
Prayers of the People	Form III	BCP p. 387
Offertory Hymn	439	Hymnal
Doxology	<i>Praise God, from whom all blessings flow; Praise God, all creatures here below; Praise God above, ye heav'nly host: Praise Father, Son, and Holy Ghost. Amen</i>	

All baptized Christians are welcome to receive communion. Whoever you are, wherever you are in your journey of faith, you are welcome to receive initiation into the church through the sacrament of baptism.

Eucharistic Prayer B		BCP p. 367
Sanctus	S-129	Hymnal
Fraction Anthem	S-154	Hymnal
Closing Hymn	625	Hymnal
Postlude	Processional from Judas Maccabeus	George Handel

The Altar Flowers are given by Della Holloway to the glory of God
and in loving memory of her husband, Bobby D. Holloway
and her parents, John and Elisabeth Paddon.

THIS WEEK'S ANNOUNCEMENTS

Book Study. Tom Witt and Walter Tanner lead a discussion of Cynthia Bourgeault's *The Wisdom Jesus*, Sunday mornings at 11:30am, beginning July 15. From the book's blurb: If you put aside what you think you know about Jesus and approach the Gospels as though for the first time, something remarkable happens: Jesus emerges as a teacher of the transformation of consciousness. Cynthia Bourgeault is a masterful guide to Jesus's vision and to the traditional contemplative practices you can use to experience the heart of his teachings for yourself.

St. Anne's Book Sale is coming up on October 13th and donations are needed. Please bring books you don't want or need to Duncan Hall. A great way to reclaim some of that shelf space.

Open House for New College of Christian Practice. You're invited to our free Open House, Saturday, August 25, 9-11am, to learn about New College of Christian Practice and its three monthly discussion groups, September – December at St. Paul's. Hospitality will be provided.

Great Conversations This Fall. Join Marin Christians of all kinds at St. Paul's, San Rafael to discuss topics of interest. The first Wednesday evening of each month from September to December, St. Paul's will be facilitating three discussions. One is on the demographics of Marin, another is on the necessary wisdom of Medieval women and a third is on the definition of Christian Justice. Each is intended to deepen Discipleship and encourage connections among Marin's Christians. Contact the Rev. Christopher Martin at c.h.mrtn@gmail.com or 415 456 4842 to find out more.

Diversified Portfolio of Service. Service of the poor is a core value for us. There are opportunities to serve probationary teens, our homeless neighbors, isolated seniors, those in prison and poor young families. Call Christopher at 415 456 4842 or c.h.mrtn@gmail.com to find out more.

Learning for All Ages. We offer Sunday School, Youth Group and regular Bible Studies and Spiritual Formation classes. Contact Christopher at 415 456 4842 or c.h.mrtn@gmail.com to find out more.

Small Groups. The heart of our parish is small groups we call Discipleship Groups, which encourage us to pursue Seven Core Christian Practices. Contact Christopher at 415 456 4842 or c.h.mrtn@gmail.com to find out how you can make your way into these loving and life changing small groups.

Education for Ministry: EfM is lay education for anyone who is interested in both spiritual development and information about the Bible, Church History and Theology.

WHERE: St. John's Church, Ross

WHEN: Monday evenings, 6:30-8:30, beginning mid-September

COST: \$375 for the year

CONTACT: Carol Luther, co-mentor
415-350-9482
carol.luther@gmail.com

SERVING TODAY

Preacher & Celebrant: The Rev. Christopher Martin

Choirmaster/Organist: Michael Struck

Acolytes: Michael Green, Chris Olson, Pamela Barnes

Readers: Brigitte McCulloch, Pamela Barnes, John Dury

Altar Guild: Brigitte McCulloch, Wendy Olson, Judy Rowcliffe, Alex Elliot

CHRISTOPHER'S WEEKLY MESSAGE

STAYING STRONG ON BOTH

A major theme of the summer has been my daring our attention to two practices that are the core of both our mission statement at St. Paul's and The Restoration Project- prayer and service.

In both cases, the words mean something specific. Prayer means being by yourself for 20 minutes each day to pray to God in a way that works for you. For most people, that means either Christian meditation such as Centering Prayer or praying a Daily Office from the Book of Common Prayer. Morning Prayer done in its entirety takes about 20 minutes. (I have one pager of the 7 most helpful tips for getting into and maintaining a rhythm of prayer. Email me at c.h.mrtn@gmail.com for a copy.)

Service means service of the poor for an hour a week. By the poor, we mean the list of people Jesus calls "the least" in a famous section of the Gospel of Matthew. He says, intensely identifying with the poor, "I was hungry and you gave me food, I was thirsty and you gave me something to drink, I was a stranger and you welcomed me, I was naked and you gave me clothing, I was sick and you took care of me, I was in prison and you visited me."

Furthermore, most at St. Paul's focus on one of 5 groups:

- Many visit those in prison through our Death Row Ministry or the Kairos weekend experience.
- During the school year, many serve hot breakfast at the County Community School for probationary youth with our Teen Success Breakfast.
- A Faithful crew leads worship twice a month late Sunday mornings at the Rafael Health Center.
- Individuals and our Youth Group serve the homeless through St. Vincent de Paul, Ritter Center and Marin Street Chaplaincy.
- A crew is working on establishing a housing community for young families we intend to call St. Monnica's Mutual Housing Community.

All 5 are open for you to explore. And there are other local options too, of course. The point is to be persistent and take your time until you find the way of connecting with those on the margins that makes the most sense for you. The same is true of prayer. There is a way to pray that will feed you. Stay with it until you find it. I'll be offering Basic Discipleship, which includes coaching on prayer, again in the fall.

So take your next step in one of these two practices this summer. Call if you want help connecting.

Finally, our neighbors at Nativity will be offering a Beatles Mass this Sunday at 10am, You are welcome to Come Together with them by taking the Long and Winding Road up Ellen drive to the Fool on the Hill, or I mean the church on the hill.

Blessings,
Christopher

REGULAR PRAYER AND STUDY - OPEN TO ALL

Spiritual Forum	Sundays at 9am in Duncan Hall
Book Group	Sundays at 11:30am in the Upper Room
Centering Prayer Group	2nd and 4th Sundays at 7pm in Duncan Hall
Morning Prayer	Tuesdays at 7:30am in the Church
Bible Study	Wednesdays at 10am in Duncan Hall
Bible Study	Thursdays at 6:15pm in the Downing Library

WHO'S WHO AT ST. PAUL'S

The Governing Board (called the Vestry)

Pierce Gore (Senior Warden), Walter Tanner (Junior Warden), Ginny Horton, Janie Burtch (Secretary), Buzz Wollam, Libby Silvesteria, John Schaver, Alison Blume, Meg Gorman, Tom Witt and Michael Welcome

Campus Care Steve Avanzino, Keatin Holly, Pat Curtis, David Hardin, Eric Guastavino and Larry Santucci

Finances Holly Pritchard, Lorrie Buggatto and John McDermott

Music Michael Struck

Acolytes and Readers	Dawn Rice
Ushers	Gary Towery and Larry Santucci
Altar Guild	Judy Rowcliffe
Altar Flowers	Alex Elliot

Children's Ministry	Kati Dombrosky
Youth Group	David Hardin

Downing Library	Tom Witt
Epistle (Monthly Newsletter)	Chloe Martin
Service Bulletins and Centering Prayer	Chris Olson
St. Anne's	Alice King
Monthly Book Group and St. Paul's History	Joy Moss

Death Row Ministry	Richard Olive
Teen Success Breakfast	Ginny Horton
San Rafael Health Care Worship	Sue Adamson
St. Monnica's Mutual Housing Community	Jacob Moody and Kati Dombrosky

PRAYER LIST

Anna, Marie & Donnie,	Jayne F	Linda S	Miriam
Cathy Westover	Kevin & Tara	Lori Mentel	Wendy & Family
C Family	Larry W & Family	Maggie B	
Gabriella Montes	Laura Gordon	Mark Hardin	
Hansel	Laurie Hubbard	Mary Lou	