



ST. PAUL'S

EPISCOPAL CHURCH

A Sacred Space for Your Busy Life

Sunday, July 8, 2018, the Seventh Sunday after Pentecost

We especially welcome visitors and newcomers today. Please fill out the newcomer card in the pew and place it in the collection plate or give it to a member of the clergy. Following the service, the clergy will be standing near the doors to greet you. We encourage you to join us for coffee hour in Duncan Hall. For more information about St. Paul's, please visit www.StPaulsSanRafael.org or call our office at 415.456.4842.

At St. Paul's we are all called to follow Jesus together in worship, prayer and service.

WORSHIP

The service begins on page 355 of the Book of Common Prayer (BCP)

Prelude	Somewhat lively, with warmest feeling, Op.101	Ludwig van Beethoven
Opening Hymn	450	Hymnal
Gloria	S-280 <i>(Service music found in front of hymnal)</i>	Hymnal
Psalm	48	BCP p. 651
Gradual	S-236	Hymnal
Prayers of the People	Form III	BCP p. 387
Offertory Hymn	482	Hymnal
Doxology	<i>Praise God, from whom all blessings flow; Praise God, all creatures here below; Praise God above, ye heav'nly host: Praise Father, Son, and Holy Ghost. Amen</i>	

All baptized Christians are welcome to receive communion. Whoever you are, wherever you are in your journey of faith, you are welcome to receive initiation into the church through the sacrament of baptism.

Eucharistic Prayer B		BCP p. 367
Sanctus	S-129	Hymnal
Fraction Anthem	S-154	Hymnal
Communion Music	Slow with longing	Ludwig van Beethoven
Closing Hymn	135	Hymnal
Postlude	Swiftly, but not overly-with determination	Ludwig van Beethoven

The Altar Flowers are given by Felicia Demann to the glory of God and in loving memory of her mother, Annie Elizabeth White.

THIS WEEK'S ANNOUNCEMENTS

Beach Party! Saturday, July 14th is St. Paul's Beach Day at Heart's Desire, Tomales Bay State Park in Inverness! Kati Dombrosky will be there at 8am to claim our tables and grill, and you should come soon thereafter to get parking. Parking is \$8 per car and dogs are NOT allowed. It's a potluck, so bring something to share!

Book Study. Tom Witt and Walter Tanner lead a discussion of Cynthia Bourgeault's 'The Wisdom Jesus, Sunday mornings at 11:30am, beginning July 15. From the book's blurb: If you put aside what you think you know about Jesus and approach the Gospels as though for the first time, something remarkable happens: Jesus emerges as a teacher of the transformation of consciousness. Cynthia Bourgeault is a masterful guide to Jesus's vision and to the traditional contemplative practices you can use to experience the heart of his teachings for yourself. You can order the book at https://www.amazon.com/Wisdom-Jesus-Transforming-Mind-Perspective/dp/1590305809/ref=sr_1_1

Please read the first chapter in preparation for the first meeting.

Great Conversations This Fall. Join Marin Christians of all kinds at St. Paul's, San Rafael to discuss topics of interest. The first Wednesday evening of each month from September to December, St. Paul's will be facilitating three discussions. One is on the demographics of Marin, another is on the necessary wisdom of Medieval women and a third is on the definition of Christian Justice. Each is intended to deepen Discipleship and encourage connections among Marin's Christians. Contact the Rev. Christopher Martin at c.h.mrtn@gmail.com or 415 456 4842 to find out more.

Diversified Portfolio of Service. Service of the poor is a core value for us. There are opportunities to serve probationary teens, our homeless neighbors, isolated seniors, those in prison and poor young families. Call Christopher at 415 456 4842 or c.h.mrtn@gmail.com to find out more.

Learning for All Ages. We offer Sunday School, Youth Group and regular Bible Studies and Spiritual Formation classes. Contact Christopher at 415 456 4842 or c.h.mrtn@gmail.com to find out more.

Small Groups. The heart of our parish is small groups we call Discipleship Groups, which encourage us to pursue Seven Core Christian Practices. Contact Christopher at 415 456 4842 or c.h.mrtn@gmail.com to find out how you can make your way into these loving and life changing small groups.

Education for Ministry: EfM is lay education for anyone who is interested in both spiritual development and information about the Bible, Church History and Theology.

WHERE: St. John's Church, Ross

WHEN: Monday evenings, 6:30-8:30, beginning mid-September

COST: \$375 for the year

CONTACT: Carol Luther, co-mentor
415-350-9482
carol.luther@gmail.com

SERVING TODAY

Preacher & Celebrant: The Rev. Christopher Martin

Choirmaster/Organist: Michael Struck

Acolytes: Dawn Rice, Demelza Rice

Readers: Demelza Rice, Carolyn Welcome

Altar Guild: Michael Green, Linda Danford, Jane Santucci

CHRISTOPHER'S WEEKLY MESSAGE

A FIRST CHALLENGE

Two things that make St. Paul's different than other churches are our mission to follow Jesus together in prayer, worship and service and our structure of Discipleship Groups. Together, these things invite us into Christian spiritual depth.

But if you're new, how do you get started in embracing our values at St. Paul's?

The first challenge is to embrace the balance of both the inner work and the outer work. This challenge is a personal one. It means changing the schedule of your days and weeks to include the rhythm of 20 minutes a day of prayer and an hour a week in face-to-face service of the poor.

Most of us are more naturally drawn to either prayer or service. It's rare that people are equally drawn to both. Part of the challenge to each of us is that we insist on both. This is because the two practices reinforce and deepen one another. Our prayers are enriched by our friendly relationship with those Jesus especially loves, the poor. Our relationship with the poor is deepened when it comes from a wellspring of prayer.

A week from Saturday, on July 14th, I will be starting a round of Basic Discipleship, where I coach a small group of people into getting into and maintaining a rhythm of daily prayer. We each have to find the kind of prayer that works best for us. It's a personal art and chance for creativity and learning. We will meet first thing in the morning at a mutual convenient time. Please email me if you're interested, I already have two folks. (c.h.mrtn@gmail.com)

We have a diversified portfolio of service that gives you 5 options of communities to serve weekly. Each of them has opportunities to "come and see" what they do without making a commitment. If your goal is to get into a sustainable rhythm with your service, it's worth taking the time to find out what community you most have a heart to serve. Possibilities include probationary teens, prisoners, the homeless, isolated seniors and young moms and their children. Again, email me and I'll be happy to make the appropriate introductions. Your next step may be exploration. (c.h.mrtn@gmail.com)

The goal is a rhythm of life many of us have come to live out here at St. Paul's. The next three challenges are built upon prayer and service and also support prayer and service. These are, first, joining a Discipleship Group, then next, following the next 3 core practices of worship, generosity and study, and then finally, becoming clear about discerning your own call so that you can do the work that God has given you to do with gladness and singleness of heart. It is a rich journey into the heart of God. Take your next step this summer by embracing prayer AND service.

Blessings,
Christopher

REGULAR PRAYER AND STUDY - OPEN TO ALL

Spiritual Forum	Sundays at 9am in Duncan Hall
Book Group	Sundays at 11:30am in the Upper Room
Centering Prayer Group	2nd and 4th Sundays at 7pm in Duncan Hall
Morning Prayer	Tuesdays at 7:30am in the Church
Bible Study	Wednesdays at 10am in Duncan Hall
Bible Study	Thursdays at 6:15pm in the Downing Library

WHO'S WHO AT ST. PAUL'S

The Governing Board (called the Vestry)

Pierce Gore (Senior Warden), Walter Tanner (Junior Warden), Ginny Horton, Janie Burtch (Secretary), Buzz Wollam, Libby Silvesteria, John Schaver, Alison Blume, Meg Gorman, Tom Witt and Michael Welcome

Campus Care Steve Avanzino, Keatin Holly, Pat Curtis, David Hardin, Eric Guastavino and Larry Santucci

Finances Holly Pritchard, Lorrie Buggatto and John McDermott

Music Michael Struck

Acolytes and Readers	Dawn Rice
Ushers	Gary Westover and Larry Santucci
Altar Guild	Judy Rowcliffe
Altar Flowers	Alex Elliot

Children's Ministry	Kati Dombrosky
Youth Group	David Hardin

Downing Library	Tom Witt
Epistle (Monthly Newsletter)	Chloe Martin
Service Bulletins and Centering Prayer	Chris Olson
St. Anne's	Alice King
Monthly Book Group and St. Paul's History	Joy Moss

Death Row Ministry	Richard Olive
Teen Success Breakfast	Ginny Horton
San Rafael Health Care Worship	Sue Adamson
St. Monnica's Mutual Housing Community	Jacob Moody and Kati Dombrosky

PRAYER LIST

Anna, Marie & Donnie,	Kevin & Tara	Linda S	Mary Lou
Cathy Westover	Larry W & Family	Lori Mentel	Miriam
Chin Family	Laura Gordon	Maggie B	Susan Munro & Family
Jayne F	Laurie Hubbard	Mark Hardin	