



# ST. PAUL'S

## EPISCOPAL CHURCH

### A Sacred Space for Your Busy Life

Sunday, February 4, 2018, the Fifth Sunday after the Epiphany

---

We especially welcome visitors and newcomers today. Please fill out the newcomer card in the pew and place it in the collection plate or give it to a member of the clergy. Following the service, the clergy will be standing near the doors to greet you. We encourage you to join us for coffee hour in Duncan Hall. For more information about St. Paul's, please visit [www.StPaulsSanRafael.org](http://www.StPaulsSanRafael.org) or call our office at 415.456.4842.

At St. Paul's we are all called to follow Jesus together in prayer, worship, and service.

### WORSHIP

*The service begins on page 355 of the Book of Common Prayer (BCP)*

Prelude	Andante	W. A. Mozart
Opening Hymn	135	Hymnal
Gloria	S-280 <i>(Service music found in front of hymnal)</i>	Hymnal
Psalm	147:1-12, 21c	BCP p. 804
Gradual	Alleluia	
Prayers of the People	Form III	BCP p. 387
Offertory Anthem	Through All the World	from Columbian Harmony
Doxology	<i>Praise God, from whom all blessings flow; Praise God, all creatures here below; Praise God above, ye heav'nly host: Praise Father, Son, and Holy Ghost. Amen</i>	

*All baptized Christians are welcome to receive communion. Whoever you are, wherever you are in your journey of faith, you are welcome to receive initiation into the church through the sacrament of baptism.*

Eucharistic Prayer A		BCP p. 361
Sanctus	S-130	Hymnal
Fraction Anthem	S-154	Hymnal
Communion Hymns	126, 117	Hymnal
Closing Hymn	567	Hymnal
Postlude	Voluntary	William Selby

The Altar Flowers are given to the glory of God  
and in loving memory of Susie Quenzer.

## THIS WEEK'S ANNOUNCEMENTS

**The Annual Meeting**, which affirms the budget of the church, elects new members of the Vestry, reviews the past year and prepares for the year to come is immediately following the 10am service. It includes lunch and is always done before 1pm.

**Jay Taggart's Funeral** is next Saturday, February 10th at 11am with a reception in Duncan Hall immediately following.

**Ash Wednesday**, the first day of Lent, is February 14th and we have services at 7:30am, Noon and 6:30pm. We will be sharing services with Grace Marin as has been our custom in recent years.

**Wednesdays of Lent**, through the month of March, there will be a Eucharist service at 7:30am in the church.

### 2018 Lenten Retreat for Lay Leaders & Clergy

We created the PrayWorshipServe Retreat as a natural expression of The Restoration Project (TRP), which has initiated Discipleship Groups at Episcopal Parishes nationwide. February 22-25, we will be hosting up to 80 people (including, we hope – you!) from around the country to explore how to become better Christians in this increasingly secular world. As many of you know, at the heart of TRP are small groups nurturing love of Jesus by regular practice of three Christian traditions: prayer, worship and service through seven scripture-based vows. Please join us as we explore the vows, care & feeding of D-Groups, see the world premiere of Christopher's one-person performance of "Pelican", enjoy amazing food and share our love of Jesus.

Cost: \$599/person with accommodations at Ralston White Retreat Center; \$249/person without accommodations, includes meals (no cost for St. Paul's parishioners).

For more info please talk with Jacob Moody, Judy Rowcliffe or Christopher Martin.  
Sign up: <http://www.prayworshipserve.com>

## SERVING TODAY

Preacher & Celebrant:	The Rev. Christopher Martin
Choirmaster/Organist:	Michael Struck
Acolytes:	Jacob Moody, Pamela Barnes, Ronnie Dodds
Readers:	Jacob Moody, Pamela Barnes, Kate Sprague
Altar Guild:	Michael Green, Linda Danford, Walter Tanner, Jane Santucci

## CHRISTOPHER'S WEEKLY MESSAGE

### WE'RE HOSTING A RETREAT IN 3 WEEKS!

Wow! What a great weekend to celebrate our 150th Anniversary! Well done, everyone!

Now, take one deep breath and please shift your attention to the national Retreat we are hosting at St. Paul's starting on Thursday, February 22nd, just over 3 weeks away. Please picture this:

- John will have a team of you at the Manzanita stop of the Marin Airporter on Thursday night to ferry people up to the Ralston White Retreat Center in Mill Valley, where our out of town guest will be staying. Some of you will be at the retreat center to welcome them.
- Judy and Lorrie have been working for months to prepare food, drinks, welcome bags and all sorts of helpful signs so that when everyone arrives at St. Paul's, starting at 9am on Friday the 23rd, they will feel welcome and oriented to the weekend experience. Lots of help will be needed here.
- We move into the church at 9:30am, where Judy and Jacob will give an orientation to the weekend. I will then introduce the new Restoration Project Assessment tool, that helps us all see where we are in relation to our Seven Core Christian Practices. That Assessment will help guide all the participants through the weekend. I will then give my first talk, on vow number 5, Scripture.
- People will then break into small groups led by our Practitioners- Tanner, John, Ginny, Michael, Chloe and Meg. This is the pattern for most of the retreat- a talk followed by small group discussion.
- Hospitality continues throughout the day with lunch, snacks, dinner, guided walks for exercise, help with parking and so on. Many volunteers will be needed and plans are well underway. A similar pattern will happen throughout the day on Saturday.
- Saturday afternoon I offer the debut of Pelican, a performance piece I've been working on for years that's like Pilgrim's Progress as an open-eyed guided meditation. It reinforces, through our imaginations, many of the themes and teachings of The Restoration Project. The performance is followed by a Feast in Duncan Hall with food by our dear Chef Cynthia!
- Sunday morning includes a wrap up at 9am followed by an ordinary 10am service where my colleague, The Rev. Suzanne Wille, will preach on the only one of our Seven Core Christian Practices that will not have been directly addressed yet, "worship in the beauty of holiness." After an ample coffee hour, we will say good-bye to our new friends, taking some of them back to the Marin Airporter to catch their flights home.

Out of town guests pay \$599 for the retreat. Local people, who do not need to stay at Ralston White, pay \$249. Parishioners of St. Paul's are free and, more likely put to work! Please tell your friends from other churches. It's not too late to sign up. Sign up at our Eventbrite Site: <https://www.eventbrite.com/e/prayworshipserve-retreat-tickets-29500917037>

This is a big deal! I believe that this PrayWorshipServe Retreat will mark the beginning of the next stage of our life together in Jesus. Throughout the next few weeks, and particularly at this Sunday's Annual Meeting, we will be offering ways for you to get involved, regardless of whether or not you've ever been in a Discipleship Group. This retreat is about all of us and who we are becoming together as the family of St. Paul's Episcopal Church.

Please mark your calendars for February 22nd to 25th!

Blessings,  
Christopher

## PRAYER

Arty	Joan Peterson	Laurie Hubbard	Phyllis
Cathy Westover	Jennifer Fritz	Marcella Hermstad	Richard F
Dan Pollart & Family	Jim	Mark Hardin	Ricky & Family
Gina	Kevin & Tara	Mika Kappen & Family	

## SERVICE

**Teen Success Breakfast:** Serve hot breakfast to at-risk youth. Contact Beverly Armstrong at 415.454.4015 or nevbev@sbcglobal.net.

**San Rafael Health Care:** Services 1<sup>st</sup> and 3<sup>rd</sup> Sundays, 11:00 – 11:25. Help us with the simple service. Children are welcome. Contact Sue Adamson at 415.461.1798.

**Prison Ministry:** St. Paul's has been engaged in regular visitations and correspondence for 20 years with Joseph Cook, a death row inmate at San Quentin who was confirmed by Bishop Swing as a member of our Church. The prison ministry has grown and the rector and other parishioners are now visiting Joe and six other inmates. For further info contact Richard Olive (415.259.9198 or ollipops@comcast.net).

## ONGOING

**Plate Cash:** 1st Sunday of the month goes to the Rector's Discretionary Fund; 3rd Sunday goes to Outreach.

**Childcare:** Sundays from 9:30 to 11:00am, childcare is available in the Basement Level classroom.

**Marin Episcopal Youth Group:** Sundays from 5-6:30pm at Church of the Redeemer in San Rafael. Middle and high school students from 5 Marin churches. Daniel London, youth minister, daniel.london@gmail.com.

**Centering Prayer:** Meditation in the Christian tradition. Join us in Duncan Hall on the 2nd and 4th Sundays of each month, 7:00-8:30 pm. Leave a message for Chris Olson at the parish office at 415.456.4842.

**Our Spiritual Core:** Discipleship Groups are the spiritual core of St. Paul's because they are where we encourage one another to follow Jesus in worship, prayer, and service. Contact Christopher Martin at 415.456.4842 or cmartin@stpaulssanrafael.org.

**Altar Flower Dedications:** Looking for a way to honor a loved one, give thanks or remember a special occasion? You can by dedicating the flowers at the altar. A donation of \$40 is suggested. Contact Alex Elliot at 415.488.7930.

**Memorial Wall Plaques:** Contact the office if you would like to purchase a plaque to be inscribed with the name of a loved one who has died.

**St. Anne's Guild:** St. Anne's Guild meets Thursdays at 11:00am. All are invited - bring a bag lunch.

**Facebook & Twitter.** Please like and follow us to join the fun!

<https://www.facebook.com/stpaulssanrafael>, <https://twitter.com/StPaulsSR>