

A Sacred Space for Your Busy Life

Sunday, March 5, 2017, the First Sunday in Lent

We especially welcome visitors and newcomers today. Please fill out the newcomer card in the pew and place it in the collection plate or give it to a member of the clergy. Following the service, the clergy will be standing near the doors to greet you. We encourage you to join us for coffee hour in Duncan Hall. For more information about St. Paul's, please visit www.StPaulsSanRafael.org or call our office at 415.456.4842.

At St. Paul's we are all called to follow Jesus together in worship, prayer and service.

WORSHIP

The service begins on page 355 of the Book of Common Prayer (BCP)

Prelude	Fugue	J. S. Bach
The Great Litany	S-67 (S)ervice music found in front of hymnal	Hymnal
Kyrie	S-86	Hymnal
Psalm	32	BCP p. 624
Gradual	S-102	Hymnal
Prayers of the People	Form III	BCP p. 387
Offertory Anthem	A Psalm of David	Norman Dello-Joio

All baptized Christians are welcome to receive communion. Whoever you are, wherever you are in your journey of faith, you are welcome to receive initiation into the church through the sacrament of baptism.

Eucharistic Prayer B		BCP p. 367
Sanctus	S-124	Hymnal
Fraction Anthem	S-161	Hymnal
Communion Hymn	152	Hymnal
Closing Hymn	150	Hymnal
Postlude	Toccata	J. S. Bach

THIS WEEK'S ANNOUNCEMENTS

Basic Discipleship continues on Saturdays at 8:30am in Duncan Hall. In this five week, hour-long class learn to pray, tell your story and healthy ways to be in a small group.

Basic Christianity concludes today from 11:30 to 12:30 in the Upper Room. Come and learn about why the church makes a difference.

The Next Death Cafe is today from 4pm to 6pm in Duncan Hall. It is the first of a program on leaving a good legacy after your death that then continues on Sundays from 11:30 to 12:30 with issues like legacy letters, planning a funeral, writing a will and advanced health care directives.

Re-Finance Your Spirituality. Invest in a 3-Day Weekend of discussion, laughter, music and superlative food. In return you get a lifetime of renewed joy and confidence in the future. Give you faith a chance to blossom and grow:

2017 Men's Cursillo Weekend- March 23-26

2017 Women's Cursillo Weekend- March 30- April 1

Contact Linda Bell for information. 408-373-3537. www.marincursillo.com

As we move into Lent, we tone down the Church to reflect the season's somber mood. No altar flowers, we replace the silver with pottery, cover all the crosses with purple. And because the pottery chalices are a little awkward to handle, requiring more use of our linens, we switch from red wine to white, to save the wear and tear on the linens. If you have questions, please reach out to Judy Rowcliffe; 415 456 4131; jlrowcliffe@comcast.net.

SERVING TODAY

Preacher:	The Rev. Alberta Buller
Celebrant:	The Rev. Christopher Martin
Choirmaster/Organist:	Michael Struck
Acolytes:	Jacob Moody, Dawn Rice, Demelza Rice
Readers:	Jacob Moody, Demelza Rice, Kati Dombrosky
Altar Guild:	Michael Green, Linda Danford, Walter Tanner, Jane Santucci

CHRISTOPHER'S WEEKLY MESSAGE

Seven words for you to begin the purple season of Lent:

1. The **PrayWorshipServe** rhythm of 20 minutes of prayer a day, an hour a week of worship and an hour a week of service of the poor is classic. Go to PrayWorshipServe.com and sign up to receive a short daily email of encouragement.

2. **Basic Discipleship** begins this Saturday at 8:30am in my office. Learn to pray, tell your story and be in healthy small group.

3. Alberta is the Deacon at St. Francis' and she will be our preacher this Sunday.

4. **Death Cafe** is this Sunday from 4pm to 6pm. Come to an open and safe conversation about one of life's greatest realities.

5. **Tuesday and Wednesday mornings** through Lent both have prayer that begin at 7:30am. Tuesday is Morning Prayer and Wednesday is Eucharist.

6. **The Discipleship Groups Conversation** for everyone who has experience with Discipleship Groups is next Saturday, the 11th from 9am to 12:30pm, facilitated by the Rev. Ann Hallisey.

7. **Contempt** is contrasted with grace beautifully in this quote from author and Christian, Marilynne Robinson, sent to me by a parishioner: "Contempt imposes; grace discovers. Contempt generalizes; grace is charmed by haunting particularities. Contempt entraps; grace frees."

I pray you are entering into a blessed Lent.

Blessings, Christopher

PRAYER

Arty Bill Donnelly Bill Tate Cathy Dan Pollart & Family Dana Testa Deborah Grace Michael Jennifer Fritz Kairos Inside San Quentin Laurel Lisa R Marcella Hermstad Mark Hardin Mika Kappen & Family Pat David Binkley Phyllis Rosa Montes

Ruth Orovich Richard F Sandy G Syrian Refugees The Rev. Stefani Schatz

SERVICE

Teen Success Breakfast: Serve hot breakfast to at-risk youth. Contact Beverly Armstrong at 415.454.4015 or nevbev@sbcglobal.net.

San Rafael Health Care: Services 1^{st} and 3^{rd} Sundays, 11:00 - 11:25. Help us with the simple service. Children are welcome. Contact Sue Adamson at 415.461.1798.

Prison Ministry: St. Paul's has been engaged in regular visitations and correspondence for 20 years with Joseph Cook, a death row inmate at San Quentin who was confirmed by Bishop Swing as a member of our Church. The prison ministry has grown and the rector and other parishioners are now visiting Joe and six other inmates. For further info contact Richard Olive (415.259.9198 or ollipops@comcast.net).

ONGOING

Plate Cash: 1st Sunday of the month goes to the Rector's Discretionary Fund; 3rd Sunday goes to Outreach. **Childcare:** Sundays from 9:30 to 11:00am, childcare is available in the Basement Level classroom. **Children's Choir**. Rehearsals on Friday afternoon and some Sundays. Contact Alison Blume at <u>alisonblume@comcast.net</u>

Marin Episcopal Youth Group: Sundays from 5-6:30pm at Church of the Nativity in San Rafael. Middle and high school students from 5 Marin churches. Daniel London, youth minister, daniel.london@gmail.com. Centering Prayer: Meditation in the Christian tradition. Join us in Duncan Hall on the 2nd and 4th Sundays of each month, 7:00-8:30 pm. Leave a message for Chris Olson at the parish office at 415.456.4842. Our Spiritual Core: Discipleship Groups are the spiritual core of St. Paul's because they are where we

encourage one another to follow Jesus in worship, prayer, and service. Contact Christopher Martin at 415.456.4842 or cmartin@stpaulssanrafael.org.

Altar Flower Dedications: Looking for a way to honor a loved one, give thanks or remember a special occasion? You can by dedicating the flowers at the altar. A donation of \$40 is suggested. Contact Alex Elliot at 415.488.7930.

Memorial Wall Plaques: Contact the office if you would like to purchase a plaque to be inscribed with the name of a loved one who has died.

St. Anne's Guild: St. Anne's Guild meets Thursdays at 11:00am. All are invited - bring a bag lunch. **Facebook & Twitter.** Please like and follow us to join the fun!

https://www.facebook.com/stpaulssanrafael, https://twitter.com/StPaulsSR