



# ST. PAUL'S

## EPISCOPAL CHURCH

### A Sacred Space for Your Busy Life

Sunday, August 28, 2016, the Fifteenth Sunday after Pentecost

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We especially welcome visitors and newcomers today. Please fill out the newcomer card in the pew and place it in the collection plate or give it to a member of the clergy. Following the service, the clergy will be standing near the doors to greet you. We encourage you to join us for coffee hour in Duncan Hall. For more information about St. Paul's, please visit [www.StPaulsSanRafael.org](http://www.StPaulsSanRafael.org) or call our office at 415.456.4842.

At St. Paul's we are all called to follow Jesus together in worship, prayer and service.

### WORSHIP

*The service begins on page 355 of the Book of Common Prayer (BCP)*

Prelude	Allegretto	Ludwig van Beethoven
Opening Hymn	57	Hymnal
Gloria	S-280 <i>(Service music found in front of hymnal)</i>	Hymnal
Psalm	81:1, 10-16	BCP p. 704
Gradual	S-236	Hymnal
Offertory Hymn	324	Hymnal

*All baptized Christians are welcome to receive communion. Whoever you are, wherever you are in your journey of faith, you are welcome to receive initiation into the church through the sacrament of baptism.*

Eucharistic Prayer B		BCP p. 367
Sanctus	S-129	Hymnal
Fraction Anthem	S-154	Hymnal
Closing Hymn	490	Hymnal
Postlude	Allegro assai	Ludwig van Beethoven

The Altar Flowers are given to the glory of God  
and in loving memory of Helenclare Cox.

## THIS WEEK'S ANNOUNCEMENTS

**Pulpit Swap.** This Sunday we welcome the Rev. Kirsten Snow Spalding, the Rector of Nativity, San Rafael. Christopher is leading worship at Nativity this Sunday morning. Nativity and St. Paul's already share ministry together such as the Marin Episcopal Youth Group, the San Rafael Homeless Chaplaincy and the Teen Success Breakfast. We are exploring other ways to strengthen both of our churches.

**Death Cafe.** Our 3rd Death Cafe will be on Sunday, September 11, from 4-6pm in Duncan Hall. Death Cafes are gatherings for the purpose of talking about death. They are a chance to have an open conversation about any aspect of death. There is no agenda. There is no expert. But there will be cookies. :) Chloe Martin will be hosting and facilitating this conversation, and all in the St. Paul's community and beyond are welcome to come--so feel free to bring a friend or family member (adults only please). That said, we would like to limit the numbers to a manageable size, so please RSVP to secure your spot. [chloedmartin@comcast.net](mailto:chloedmartin@comcast.net), or call/text 415-464-7149. To learn more about Death Cafes, go to [deathcafe.com](http://deathcafe.com)

**Epistle.** Thanks to the initiative and work of Chloe Martin we have a newsletter again. Our hope is to produce one at the end of each month, previewing the month to come. Please send your information to Chloe by the 18th of each month at [chloedmartin@comcast.net](mailto:chloedmartin@comcast.net). Thank you, Chloe!

**Your Next Spiritual Step?** There are seven weekly or biweekly ways you can learn, pray and grow spiritually at St. Paul's beyond weekly worship and regular service of the poor:

- Sunday Forum every week from 9:00am to 9:40am. We're currently exploring the nature of our souls.
- Morning Prayer every Tuesday at 7:30am.
- Bible Study on Wednesdays (10am).
- Christian meditation on the 2nd and 4th Sunday of every month at 7pm.
- Discipleship Groups, which are small groups with a longer term commitment focused on spiritual maturity and loving community with the poor.

Talk to Christopher to find out more about any of these.

## SERVING TODAY

Preacher & Celebrant:	The Rev. Kirsten Snow Spalding
Choirmaster/Organist:	Michael Struck
Acolytes:	Brigitte McCulloch, Pierce Gore, Diana Westphal-Gore
Readers:	Brigitte McCulloch, Pierce Gore, John Schaver
Altar Guild:	Brigitte McCulloch, Wendy Olson, Judy Rowcliffe, Alex Elliot

## CHRISTOPHER'S WEEKLY MESSAGE

The rhythm of the year at St. Paul's is like the way school years used to be. We slow down for the summer just after Memorial Day and we ramp up again after Labor Day. September features a series of start-ups and events that launch us into a strong year together.

This email is an overview of the month. (Get out your calendars!)

**9/6-9/8.** The return of our full weekly schedule. This means:

- Morning Prayer, Tuesdays at 7:30am
- Bible Study, Tuesdays at 12:30pm
- Bible Study, Wednesdays at 10am
- St. Anne's, Thursdays at 11am
- Bible Study, Thursdays at 6:15pm

**9/11** The return of our Sunday Schedule and a Death Cafe. This means:

- Holy Eucharist without Music at 8am
- Spiritual Forum at 9am
- Holy Eucharist with Music at 10am
- Kids leave church for Sunday School at 10:10am
- Death Cafe at 4pm (Just on 9/11)
- Centering Prayer at 7pm (2nd and 4th Sundays)

**9/18** The Debut of The Sunday Afternoon Episcopal Quartet. This means, every Sunday at Nativity, in a ministry shared with three other Episcopal Churches (hence the "Quartet"):

- Holy Eucharist without music at 5pm
- Marin Episcopal Youth Group at 5:45pm
- Northern Marin Episcopal Forum at 6pm

**9/24** Discipleship Group Workshop at 9am

**9/25** Hardin Courtyard Community Meeting at 11:30am

This schedule does not mention many of the most important things that make St. Paul's a vibrant community. These include Choir rehearsals, our five weekly Outreach ministries, the various church support ministries and, above all, our six Discipleship Groups.

If you make extra time for any one event this fall, please make it **the Discipleship Group workshop on Saturday, September 24th, from 9am to noon.** Discipleship Groups are the heart of St. Paul's.

Blessings,  
Christopher

## PRAYER

Arty	Grace Michael	Lisa R	Rainie Joses
Bart L	Helenclare Cox	Lokita	Rosa Montes
Bill Tate	Jennifer Fritz	Mika Kappen & Family	Ruth Orovich
Cathy	John Leydecker	Nancy S (surgery 9/6)	Sandy G
Chris Olson (surgery 8/29)	Jonathan Smith	Norman Rosenstein	Stephen Topol
Dan Pollart & Family	Laurel	Phyllis	Syrian Refugees

## SERVICE

**Teen Success Breakfast:** Serve hot breakfast to at-risk youth. Contact Beverly Armstrong at 415.454.4015 or nevbev@sbcglobal.net.

**San Rafael Health Care:** Services 1<sup>st</sup> and 3<sup>rd</sup> Sundays, 11:00 – 11:25. Help us with the simple service. Children are welcome. Contact Sue Adamson at 415.461.1798.

**Prison Ministry:** St. Paul's has been engaged in regular visitations and correspondence for 17 years with Joseph Cook, a death row inmate at San Quentin who was confirmed by Bishop Swing as a member of our Church. The prison ministry has grown and the rector and other parishioners are now visiting Joe and six other inmates. For further info contact Richard Olive (415.259.9198 or ollipops@comcast.net).

## ONGOING

**Plate Cash:** 1st Sunday of the month goes to the Rector's Discretionary Fund; 3rd Sunday goes to Outreach.

**Childcare:** Sundays from 9:30 to 11:00am, childcare is available in the Basement Level classroom.

**Children's Choir.** Rehearsals on Friday afternoon and some Sundays. Contact Alison Blume at [alisonblume@comcast.net](mailto:alisonblume@comcast.net)

**Marin Episcopal Youth Group:** Sundays from 5-6:30pm at Church of the Nativity in San Rafael. Middle and high school students from 5 Marin churches. Daniel London, youth minister, [daniel.london@gmail.com](mailto:daniel.london@gmail.com).

**Centering Prayer:** Meditation in the Christian tradition. Join us in Duncan Hall on the 2nd and 4th Sundays of each month, 7:00-8:30 pm. Leave a message for Chris Olson at the parish office at 415.456.4842.

**Our Spiritual Core:** Discipleship Groups are the spiritual core of St. Paul's because they are where we encourage one another to follow Jesus in worship, prayer, and service. Contact Judy Rowcliffe at 415.606.4355 or [jlrowcliffe@comcast.net](mailto:jlrowcliffe@comcast.net).

**Altar Flower Dedications:** Looking for a way to honor a loved one, give thanks or remember a special occasion? You can by dedicating the flowers at the altar. A donation of \$40 is suggested. Contact Alex Elliot at 415.488.7930.

**Memorial Wall Plaques:** Contact the office if you would like to purchase a plaque to be inscribed with the name of a loved one who has died.

**St. Anne's Guild:** St. Anne's Guild meets Thursdays at 11:00am. All are invited - bring a bag lunch.

**Facebook & Twitter.** Please like and follow us to join the fun!

<https://www.facebook.com/stpaulssanrafael>, <https://twitter.com/StPaulsSR>