



ST. PAUL'S

EPISCOPAL CHURCH

A Sacred Space for Your Busy Life

Sunday, July 10, 2016, the Eighth Sunday after Pentecost

We especially welcome visitors and newcomers today. Please fill out the newcomer card in the pew and place it in the collection plate or give it to a member of the clergy. Following the service, the clergy will be standing near the doors to greet you. We encourage you to join us for coffee hour in Duncan Hall. For more information about St. Paul's, please visit www.StPaulsSanRafael.org or call our office at 415.456.4842.

At St. Paul's we are all called to follow Jesus together in worship, prayer and service.

WORSHIP

The service begins on page 355 of the Book of Common Prayer (BCP)

Prelude	Allegro	W. A. Mozart
Opening Hymn	427	Hymnal
Gloria	S-180 <i>(Service music found in front of hymnal)</i>	Hymnal
Psalm	82	BCP p. 705
Gradual	S-236	Hymnal
Offertory Hymn	423	Hymnal

All baptized Christians are welcome to receive communion. Whoever you are, wherever you are in your journey of faith, you are welcome to receive initiation into the church through the sacrament of baptism.

Eucharistic Prayer B		BCP p. 367
Sanctus	S-129	Hymnal
Fraction Anthem	S-154	Hymnal
Closing Hymn	625	Hymnal
Postlude	Allegro assai	W. A. Mozart

The Altar Flowers are given by Felicia Demann to the glory of God and in loving memory of her mother, Annie Elizabeth White.

THIS WEEK'S ANNOUNCEMENTS

Epistle. Thanks to the initiative and work of Chloe Martin we have a newsletter again. Our hope is to produce one at the end of each month, previewing the month to come. Please send your information to Chloe by the 18th of each month at chloedmartin@comcast.net. Thank you, Chloe!

Your Next Spiritual Step? There are seven weekly or biweekly ways you can learn, pray and grow spiritually at St. Paul's beyond weekly worship and regular service of the poor:

- Sunday Forum every week from 9:00am to 9:40am. We're currently exploring the nature of our souls.
- Morning Prayer every Tuesday at 7:30am.
- Bible Study on Wednesdays (10am).
- Christian meditation on the 2nd and 4th Sunday of every month at 7pm.
- Discipleship Groups, which are small groups with a longer term commitment focused on spiritual maturity and loving community with the poor.

Talk to Christopher to find out more about any of these.

SERVING TODAY

Preacher & Celebrant:	The Rev. Christopher Martin
Choirmaster/Organist:	Michael Struck
Acolytes:	Jim Terstegge, Dawn Rice, Demelza Rice
Readers:	Jim Terstegge, Dawn Rice, John Schaver
Altar Guild:	Brigitte McCulloch, Joan Peterson, Felicia Demann, Ann Lisk, Holly Pritchard

CHRISTOPHER'S WEEKLY MESSAGE

From time to time I recommend a book for us to read. So far, I've recommended three, and each has led to good discussion. Toxic Charity helped us review how we were doing outreach. Falling Upward helped us think about wisdom for the second half of life. Sticky Faith helped us think about how we were handing on our faith to our children.

This summer I want to commend three short, wise books. But first, because this is the last email of June, a few pieces of important business:

- The Wednesday 10am Bible Study doesn't meet again until July.
- The chancel choir continues to meet Thursday evenings to work on sight reading- a great time to test out being a part of it.

Now, my three short, wise books:

- Desert Wisdom: Sayings from the Desert Fathers. Introduced by Henri Nouwan. Translation and art by Yushi Nomura. If you don't know this deep pool of Christian wisdom, this 122 page book is the perfect introduction. It has Japanese calligraphy illustrations to 100 of the best little sayings and stories. Read it 2 or 3 stories or sayings at a time each morning of the summer.
- Into the Silent Land: A Guide to the Christian Practice of Contemplation. Martin Laird. This is the best book I've ever read about Christian meditation. I'm currently slowly rereading it for the second time in a row. It's 142 pages. I'm sending a copy to each of our seven North Seg brothers on Death Row.
- Hard Choices for Loving People: CPR, Feeding Tubes, Palliative Care, Comfort Measures and the Patient with a Serious Illness. By Hank Dunn. This 76 page book is filled with practical wisdom. It was written by an experienced hospital chaplain who is also a member of Church of the Saviour in DC. Chloe, who has led two successful Death Cafes at St. Paul's, introduced this book to me. It teaches us to be wise and prudent in facing death, which we all must face.

Now I will also be enjoying my usual summer fare of adventure stories, novels and poems. But it is also nice to have some deep wisdom to slowly read, mark, learn and inwardly digest.

Blessings,
Christopher

PRAYER

Andrea & Werner	John Leydecker	Orlando Victims & City	Samantha
Arty	Jonathan Smith	Phyllis	Sandy G
Bart L	Laurel	Rainie Joses	Sarah Gaoup
Cathy	Lisa R	Robyne Talley	Stephen Topol
Dan Pollart & Family	Lisa Rose	Rosa Montes	Syrian Refugees
Grace Michael	Lokita	Rose Von Buchau	
Jennifer Fritz	Mika Kappen & Family	Ruth Orovich	
Jim & Jane Passman	Norman Rosenstein	Sally Ettlting	

SERVICE

Teen Success Breakfast: Serve hot breakfast to at-risk youth. Contact Beverly Armstrong at 415.454.4015 or nevbev@sbcglobal.net.

San Rafael Health Care: Services 1st and 3rd Sundays, 11:00 – 11:25. Help us with the simple service. Children are welcome. Contact Sue Adamson at 415.461.1798.

Prison Ministry: St. Paul's has been engaged in regular visitations and correspondence for 17 years with Joseph Cook, a death row inmate at San Quentin who was confirmed by Bishop Swing as a member of our Church. The prison ministry has grown and the rector and other parishioners are now visiting Joe and six other inmates. For further info contact Richard Olive (415.259.9198 or ollipops@comcast.net).

ONGOING

Plate Cash: 1st Sunday of the month goes to the Rector's Discretionary Fund; 3rd Sunday goes to Outreach.

Childcare: Sundays from 9:30 to 11:00am, childcare is available in the Basement Level classroom.

Children's Choir. Rehearsals on Friday afternoon and some Sundays. Contact Alison Blume at alisonblume@comcast.net

Marin Episcopal Youth Group: Sundays from 5-6:30pm at Church of the Nativity in San Rafael. Middle and high school students from 5 Marin churches. Daniel London, youth minister, daniel.london@gmail.com.

Centering Prayer: Meditation in the Christian tradition. Join us in Duncan Hall on the 2nd and 4th Sundays of each month, 7:00-8:30 pm. Leave a message for Chris Olson at the parish office at 415.456.4842.

Our Spiritual Core: Discipleship Groups are the spiritual core of St. Paul's because they are where we encourage one another to follow Jesus in worship, prayer, and service. Contact Judy Rowcliffe at 415.606.4355 or jlrowcliffe@comcast.net.

Altar Flower Dedications: Looking for a way to honor a loved one, give thanks or remember a special occasion? You can by dedicating the flowers at the altar. A donation of \$40 is suggested. Contact Alex Elliot at 415.488.7930.

Memorial Wall Plaques: Contact the office if you would like to purchase a plaque to be inscribed with the name of a loved one who has died.

St. Anne's Guild: St. Anne's Guild meets Thursdays at 11:00am. All are invited - bring a bag lunch.

Facebook & Twitter. Please like and follow us to join the fun!

<https://www.facebook.com/stpaulssanrafael>, <https://twitter.com/StPaulsSR>