



# ST. PAUL'S

## EPISCOPAL CHURCH

### A Sacred Space for Your Busy Life

Sunday, May 1, 2016, the Sixth Sunday in Easter

We especially welcome visitors and newcomers today. Please fill out the newcomer card in the pew and place it in the collection plate or give it to a member of the clergy. Following the service, the clergy will be standing near the doors to greet you. We encourage you to join us for coffee hour in Duncan Hall. For more information about St. Paul's, please visit [www.StPaulsSanRafael.org](http://www.StPaulsSanRafael.org) or call our office at 415.456.4842.

At St. Paul's we are all called to follow Jesus together in worship, prayer and service.

### WORSHIP

*The service begins on page 323 of the Book of Common Prayer (BCP)*

Prelude	Eclogue	Gerald Finzi
Opening Hymn	212	Hymnal
Gloria	S-180 <i>(Service music found in front of hymnal)</i>	Hymnal
Psalm	67	BCP p. 675
Gradual	Alleluia, Alleluia, Alleluia, Alleluia	
Prayers of the People	Form IV	BCP p. 388
Offertory Anthem	O Sacrum Convivium	Giovanni Pergolesi

*All baptized Christians are welcome to receive communion. Whoever you are, wherever you are in your journey of faith, you are welcome to receive initiation into the church through the sacrament of baptism.*

Eucharistic Prayer A		BCP p. 361
Sanctus	S-129	Hymnal
Fraction Anthem	S-154	Hymnal
Communion Hymn	624	Hymnal
Closing Hymn	620	Hymnal
Postlude	Magnificat	Gerald Finzi

The Altar Flowers are given by Scott Hastings to the glory of God  
and in loving memory of his uncles, Fred and Bill Hastings.

## THIS WEEK'S ANNOUNCEMENTS

**On Mother's Day, May 8th,** we will have our youth leading worship in many ways at 10am service. You'll see six of our youth, who are set to be Confirmed at Grace Cathedral on June 4th, reading, acolyting, ushering and reading the prayers. Come support the future of our church!

**May 15th is Pentecost Sunday** and we plan to share with you some of our initial thoughts on how we hope to celebrate our 150th anniversary in 2018. It's not too early to start planning and getting excited!

**Three different Basic Discipleship classes** start the week of May 15th. They will be Sundays at 6pm, Thursdays at 12:30pm and Saturdays at 8am. Each time slot is limited to four people. Learn to pray and find your voice for telling your own spiritual story. It meets weekly for five weeks.

**Youth Confirmation Class.** The youth confirmation classes continues for Confirmation at Grace Cathedral on Saturday, June 4th. Classes are on Sundays from 11:30 to 12:30. Talk to Christopher for details. Nine people are already signed up!

**Epistle.** Thanks to the initiative and work of Chloe Martin we have a newsletter again. Our hope is to produce one at the end of each month, previewing the month to come. Please send your information to Chloe by the 18th of each month at [chloeadmartin@comcast.net](mailto:chloeadmartin@comcast.net). Thank you, Chloe!

**Your Next Spiritual Step?** There are seven weekly or biweekly ways you can learn, pray and grow spiritually at St. Paul's beyond weekly worship and regular service of the poor:

- Sunday Forum every week from 9:00am to 9:40am. We're currently exploring the nature of our souls.
- Morning Prayer every Tuesday at 7:30am.
- Bible Studies on Tuesdays (12:30pm), Wednesdays (10am) and on Thursday evenings (6:15pm).
- Christian meditation on the 2nd and 4th Sunday of every month at 7pm.
- Discipleship Groups, which are small groups with a longer term commitment focused on spiritual maturity and loving community with the poor.

Talk to Christopher to find out more about any of these.

## SERVING TODAY

Preacher & Celebrant:	The Rev. Jim Ward
Choirmaster/Organist:	Michael Struck
Acolytes:	Jacob Moody, Dawn Rice, Demelza Rice
Readers:	Jacob Moody, Dawn Rice, Dennis Puccinelli
Altar Guild:	Katy Taggart, Joy Moss, Al Petrie, Steve Avanzino, Pamela Barnes

## CHRISTOPHER'S WEEKLY MESSAGE

In May, I'm going to offer three different time slots for Basic Discipleship. These are Sundays at 6pm, Thursdays at 12:30 and Saturdays at 8am. Each time slot is limited to four people. The starting dates are May 15th, 19th and 21st.

In Basic Discipleship I teach how to pray and then encourage you to find your own voice in telling your spiritual story. In the first session I teach a variety of ways to pray and also ways to overcome the typical obstacles to getting into and maintaining a daily rhythm of prayer. I also tell three stories from my life of when I felt closest to God.

In each subsequent session, we begin by checking in on how our prayer went that week. We essentially become a small group of support and accountability. Then, each week, a different person tells stories from their life. Basic Discipleship runs for five weekly sessions.

If you want to take Basic Discipleship starting in May, please email me today. Tomorrow, I will be extending the invitation to take this class to other Christians in Marin who have expressed interest. But I'd like to first fill these classes with people of St. Paul's!

Through the years, Basic Discipleship has been one of my most popular classes and the one people often say made the greatest difference to them. It's a joy to finally be offering Basic Discipleship again. If you're interested, please email me today, letting me know which time slot you would like to sign up for.

Blessings,  
Christopher

## PRAYER

Bart L	Jim & Jane Passman	Monique Unger & Family	Sally Ettling
Brussels victims and people	John Leydecker	Norman Rosenstein	San Bernardino victims &
Cathy	Jonathan B	Phyllis	town
Dan Pollart & Family	Jonathan Smith	Rachel Wilde	Sandy G
Donnie Mehocich	Laurel	Rainie Joses	Sarah Gaoup
Gama Munoz	Lisa R	Robyne Talley	Stephen Topol
Grace Michael	Lisa Rose	Rosa Montez	Syrian Refugees
Janae Gonce	Lokita	Rose Von Buchau	
Jennifer Fritz	Mika Kappen & Family	Ruth Orovich	

## SERVICE

**Teen Success Breakfast:** Serve hot breakfast to at-risk youth. Contact Beverly Armstrong at 415.454.4015 or [nevbev@sbcglobal.net](mailto:nevbev@sbcglobal.net).

**San Rafael Health Care:** Services 1<sup>st</sup> and 3<sup>rd</sup> Sundays, 11:00 – 11:25. Help us with the simple service. Children are welcome. Contact Sue Adamson at 415.461.1798.

**Prison Ministry:** St. Paul's has been engaged in regular visitations and correspondence for 17 years with Joseph Cook, a death row inmate at San Quentin who was confirmed by Bishop Swing as a member of our Church. The prison ministry has grown and the rector and other parishioners are now visiting Joe and six other inmates. For further info contact Richard Olive (415.259.9198 or [ollipops@comcast.net](mailto:ollipops@comcast.net)).

**Young Moms Marin:** On Fridays, St. Paul's is now hosting Young Moms Marin, a group for mostly teen moms and their children led by our friend Teresa Ashby. The group meets from 3pm to 5:30pm in Duncan Hall. Contact Carolyn Eitel at 415.214.2560 or [ceitel@mvmgmt.com](mailto:ceitel@mvmgmt.com).

## ONGOING

**Plate Cash:** 1st Sunday of the month goes to the Rector's Discretionary Fund; 3rd Sunday goes to Outreach.

**Childcare:** Sundays from 9:30 to 11:00am, childcare is available in the Basement Level classroom.

**Children's Choir.** Rehearsals on Friday afternoon and some Sundays. Contact Alison Blume at [alisonblume@comcast.net](mailto:alisonblume@comcast.net)

**Marin Episcopal Youth Group:** Sundays from 5-6:30pm at Church of the Nativity in San Rafael. Middle and high school students from 5 Marin churches. Daniel London, youth minister, [daniel.london@gmail.com](mailto:daniel.london@gmail.com).

**Centering Prayer:** Meditation in the Christian tradition. Join us in Duncan Hall on the 2nd and 4th Sundays of each month, 7:00-8:30 pm. Leave a message for Chris Olson at the parish office at 415.456.4842.

**Our Spiritual Core:** Discipleship Groups are the spiritual core of St. Paul's because they are where we encourage one another to follow Jesus in worship, prayer, and service. Contact Judy Rowcliffe at 415.606.4355 or [jlrowcliffe@comcast.net](mailto:jlrowcliffe@comcast.net).

**Altar Flower Dedications:** Looking for a way to honor a loved one, give thanks or remember a special occasion? You can by dedicating the flowers at the altar. A donation of \$40 is suggested. Contact Alex Elliot at 415.488.7930.

**Memorial Wall Plaques:** Contact the office if you would like to purchase a plaque to be inscribed with the name of a loved one who has died.

**St. Anne's Guild:** St. Anne's Guild meets Thursdays at 11:00am. All are invited - bring a bag lunch.

**Facebook & Twitter.** Please like and follow us to join the fun!

<https://www.facebook.com/stpaulssanrafael>, <https://twitter.com/StPaulsSR>