



# ST. PAUL'S

## EPISCOPAL CHURCH

### A Sacred Space for Your Busy Life

Sunday, April 17, 2016, the Fourth Sunday in Easter

---

We especially welcome visitors and newcomers today. Please fill out the newcomer card in the pew and place it in the collection plate or give it to a member of the clergy. Following the service, the clergy will be standing near the doors to greet you. We encourage you to join us for coffee hour in Duncan Hall. For more information about St. Paul's, please visit [www.StPaulsSanRafael.org](http://www.StPaulsSanRafael.org) or call our office at 415.456.4842.

At St. Paul's we are all called to follow Jesus together in worship, prayer and service.

### WORSHIP

*The service begins on page 323 of the Book of Common Prayer (BCP)*

Prelude	Prelude	J. S. Bach
Opening Hymn	174	Hymnal
Gloria	S-180 <i>(S)ervice music found in front of hymnal</i>	Hymnal
Psalm	23	BCP p. 612
Gradual	Alleluia, Alleluia, Alleluia, Alleluia	
Prayers of the People	Form IV	BCP p. 388
Offertory Anthem	Sanctus	Giacomo Puccini

*All baptized Christians are welcome to receive communion. Whoever you are, wherever you are in your journey of faith, you are welcome to receive initiation into the church through the sacrament of baptism.*

Eucharistic Prayer A		BCP p. 361
Sanctus	S-129	Hymnal
Fraction Anthem	S-154	Hymnal
Communion Hymn	186	Hymnal
Closing Hymn	192	Hymnal
Postlude	Concerto after Vivaldi	J. S. Bach

## THIS WEEK'S ANNOUNCEMENTS

**Death Cafe.** Tuesday, April 19, 7:00-9:00 pm in Duncan Hall Death Cafes are gatherings for the purpose of talking about death. They are a chance to have an open conversation about any aspect of death. There is no agenda. There is no expert. But there will be cookies. :) Chloe Martin will be hosting and facilitating this conversation, and all in the St. Paul's community and beyond are welcome to come--so feel free to bring a friend or family member (adults only please). That said, we would like to limit the numbers to a manageable size, so please RSVP to secure your spot. [chloeadmartin@comcast.net](mailto:chloeadmartin@comcast.net), or call/text 415-464-7149. To learn more about Death Cafes, go to [deathcafe.com](http://deathcafe.com)

**Basic Discipleship** is an opportunity to learn to pray and to find a way to tell your own spiritual story. It is for 3 to 5 people and led by the Rector at a mutually convenient time. Talk to Christopher for details.

**Bible Studies and Spiritual Forum** Continue this week. Tuesdays at 12:30 we'll be reading the Song of Songs, Wednesdays at 10:00am will be Exodus and Thursdays at 6:15pm will be the book of Job

**Youth Confirmation Class.** The youth confirmation classes continues for Confirmation at Grace Cathedral on Saturday, June 4th. Classes are on Sundays from 11:30 to 12:30. Talk to Christopher for details. Nine people are already signed up!

**Cursillo Retreats.** "You get about 27,375 days on earth. Can you give back 3 of them as your gift back to God?" Please consider signing up for the Women's Cursillo Retreat on April 21-24. It starts on Thursday evening and ends Sunday early afternoon. See Fr. Christopher, Janie Burtch, or Steve Avanzino for more information. Your time spent at this special retreat will deepen and grow your Faith

**Epistle.** Thanks to the initiative and work of Chloe Martin we have a newsletter again. Our hope is to produce one at the end of each month, previewing the month to come. Please send your information to Chloe by the 18th of each month at [chloeadmartin@comcast.net](mailto:chloeadmartin@comcast.net). Thank you, Chloe!

**Your Next Spiritual Step?** There are seven weekly or biweekly ways you can learn, pray and grow spiritually at St. Paul's beyond weekly worship and regular service of the poor:

- Sunday Forum every week from 9:00am to 9:40am. We're currently exploring the nature of our souls.
- Morning Prayer every Tuesday at 7:30am.
- Bible Studies on Tuesdays (12:30pm), Wednesdays (10am) and on Thursday evenings (6:15pm).
- Christian meditation on the 2nd and 4th Sunday of every month at 7pm.
- Discipleship Groups, which are small groups with a longer term commitment focused on spiritual maturity and loving community with the poor.

Talk to Christopher to find out more about any of these.

## SERVING TODAY

Preacher & Celebrant:	The Rev. Christopher Martin
Choirmaster/Organist:	Michael Struck
Acolytes:	Michael Green, Dawn Rice, Demelza Rice
Readers:	Michael Green, Dawn Rice, Judy Rowcliffe
Altar Guild:	Katy Taggart, Joy Moss, Al Petrie, Steve Avanzino, Pamela Barnes
Hospitality	Katy Taggart, Alice and Bob King

## CHRISTOPHER'S WEEKLY MESSAGE

I have an important teaching I'm finally ready to share with you. I plan three times to share this teaching- the next two Sunday Spiritual Forums, which are 9:00 to 9:40 in Duncan Hall and a special session on Wednesday, April 27th, from 5:30 to 6:30.

As you may know, my life was changed by the long weekend visit I made to Church of the Saviour in Washington DC in October of 2002. I didn't know churches of such spiritual depth and beauty were possible. It was a rigorous church, a community of people doing the work Jesus invites us all to do.

Two of the things that the founder, Gordon Cosby, taught stayed with me. One is that you must have structure in order to grow in faith. The other is that you cannot be a rigorous Christian community unless you have six dimensions, and you must have all six. If it's just four or five out of the six, it won't work.

The next year, in 2003, when I began looking for a church where I might be rector, one of the things that drew me to St. Paul's was that I felt many of these six dimensions were already here and there was an openness to growing in depth.

In the 12 years that I have been here at St. Paul's, I haven't been disappointed. But I couldn't find my own voice for sharing Gordon Cosby's wisdom about the six necessary dimensions of a rigorous church. In the last few months I believe I've finally found my voice and now I am anxious to share this teaching with you.

I don't think any of these six dimensions will come as a surprise. But I want you to join me in reflecting on how these six dimensions mutually reinforce each other here at St. Paul's.

I also want you to understand that they are like the foundation of a building. On the surface, what I hope people experience is that we are a community intent on following the seven core Christian practices of prayer, worship, service, generosity, learning, listening for call and joining a Discipleship Group. But underneath these practices is a beautifully integrated understanding of how a rigorous Christian community, capable of pursuing these core practices, comes into being.

I anticipate that, like the seven core Christian practices, these six dimensions will become an essential part of our self understanding. I hope you come to at least one of these three sessions, on the next two Sundays or a week from this Wednesday, so that you can join this exploration.

Blessings,  
Christopher

## PRAYER

Bart L	Jay Taggart	Lokita	Sally Ettling
Brussels victims and people	Jennifer Fritz	Mika Kappen & Family	San Bernardino victims & town
Cathy	Jennifer Hodges	Monique Unger & Family	Sandy G
Dan Pollart & Family	Jim & Jane Passman	Norman Rosenstein	Sarah Gaoup
Declan	Jonathan B	Rachel Wilde	Stephen Topol
Evelyn Rose	Jonathan Smith	Rainie Josés	Syrian Refugees
Felicia Demann	Laurel	Robyne Talley	
Gama Munoz	Lisa R	Rosa Montez	
Helenclare Cox	Lisa Rose	Rose Von Buchau	

## SERVICE

**Teen Success Breakfast:** Serve hot breakfast to at-risk youth. Contact Beverly Armstrong at 415.454.4015 or [nevbev@sbcglobal.net](mailto:nevbev@sbcglobal.net).

**San Rafael Health Care:** Services 1<sup>st</sup> and 3<sup>rd</sup> Sundays, 11:00 – 11:25. Help us with the simple service. Children are welcome. Contact Sue Adamson at 415.461.1798.

**Prison Ministry:** St. Paul's has been engaged in regular visitations and correspondence for 17 years with Joseph Cook, a death row inmate at San Quentin who was confirmed by Bishop Swing as a member of our Church. The prison ministry has grown and the rector and other parishioners are now visiting Joe and six other inmates. For further info contact Richard Olive (415.259.9198 or [ollipops@comcast.net](mailto:ollipops@comcast.net)).

**Young Moms Marin:** On Fridays, St. Paul's is now hosting Young Moms Marin, a group for mostly teen moms and their children led by our friend Teresa Ashby. The group meets from 3pm to 5:30pm in Duncan Hall. Contact Carolyn Eitel at 415.214.2560 or [ceitel@mvmgmt.com](mailto:ceitel@mvmgmt.com).

## ONGOING

**Plate Cash:** 1st Sunday of the month goes to the Rector's Discretionary Fund; 3rd Sunday goes to Outreach.

**Childcare:** Sundays from 9:30 to 11:00am, childcare is available in the Basement Level classroom.

**Children's Choir.** Rehearsals on Friday afternoon and some Sundays. Contact Alison Blume at [alisonblume@comcast.net](mailto:alisonblume@comcast.net)

**Marin Episcopal Youth Group:** Sundays from 5-6:30pm at Church of the Nativity in San Rafael. Middle and high school students from 5 Marin churches. Daniel London, youth minister, [daniel.london@gmail.com](mailto:daniel.london@gmail.com).

**Centering Prayer:** Meditation in the Christian tradition. Join us in Duncan Hall on the 2nd and 4th Sundays of each month, 7:00-8:30 pm. Leave a message for Chris Olson at the parish office at 415.456.4842.

**Our Spiritual Core:** Discipleship Groups are the spiritual core of St. Paul's because they are where we encourage one another to follow Jesus in worship, prayer, and service. Contact Judy Rowcliffe at 415.606.4355 or [jlrowcliffe@comcast.net](mailto:jlrowcliffe@comcast.net).

**Altar Flower Dedications:** Looking for a way to honor a loved one, give thanks or remember a special occasion? You can by dedicating the flowers at the altar. A donation of \$40 is suggested. Contact Alex Elliot at 415.488.7930.

**Memorial Wall Plaques:** Contact the office if you would like to purchase a plaque to be inscribed with the name of a loved one who has died.

**St. Anne's Guild:** St. Anne's Guild meets Thursdays at 11:00am. All are invited - bring a bag lunch.

**Facebook & Twitter.** Please like and follow us to join the fun!

<https://www.facebook.com/stpaulssanrafael>, <https://twitter.com/StPaulsSR>