



# ST. PAUL'S

## EPISCOPAL CHURCH

### A Sacred Space for Your Busy Life

Sunday, March 13, 2016, the Fifth Sunday in Lent

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We especially welcome visitors and newcomers today. Please fill out the newcomer card in the pew and place it in the collection plate or give it to a member of the clergy. Following the service, the clergy will be standing near the doors to greet you. We encourage you to join us for coffee hour in Duncan Hall. For more information about St. Paul's, please visit [www.StPaulsSanRafael.org](http://www.StPaulsSanRafael.org) or call our office at 415.456.4842.

At St. Paul's we are all called to follow Jesus together in worship, prayer and service.

### WORSHIP

*The service begins on page 323 of the Book of Common Prayer (BCP)*

Prelude	Adagio	arr. J. S. Bach
Opening Hymn	671	Hymnal
Kyrie	S-91 <i>(Service music found in front of hymnal)</i>	Hymnal
Psalm	126	BCP p. 782
Gradual	S-102	Hymnal
Nicene Creed		BCP p. 327
Prayers of the People		BCP p. 328
Offertory Anthem	Amazing Grace	

*All baptized Christians are welcome to receive communion. Whoever you are, wherever you are in your journey of faith, you are welcome to receive initiation into the church through the sacrament of baptism.*

Eucharistic Prayer I		BCP p. 333
Sanctus	S-114	Hymnal
Fraction Anthem	S-158	Hymnal
Prayer of Humble Access		BCP p. 337
Post Communion Prayer		BCP p. 339
Closing Hymn	152	Hymnal
Postlude	Concerto by Vivaldi	arr. J. S. Bach

## THIS WEEK'S ANNOUNCEMENTS

**Book Club.** St. Paul's Book Club will meet on March 18th at 7 p.m. in Duncan Hall. In honor of St. Patrick's Day we are reading "Ireland" by Frank Delaney. A wandering storyteller tells the history of Ireland in a way that captures our attention and his biggest fan the boy, Ronan. All are welcome. Contact Joy Moss for more information.

**Youth Confirmation Class.** The youth confirmation classes continues for Confirmation at Grace Cathedral on Saturday, June 4th. Classes are on Sundays from 11:30 to 12:30. Talk to Christopher for details. Nine people are already signed up!

**Cursillo Retreats.** "You get about 27,375 days on earth. Can you give back 3 of them as your gift back to God?" Please consider signing up for the upcoming Cursillo Retreats in April! Men's Retreat is April 7th through April 10th. Women's Cursillo is April 21-24. Both retreats start on Thursday evening and ends Sunday early afternoon. See Fr. Christopher, Janie Burtch, or Steve Avanzino for more information. Your time spent at this special retreat will deepen and grow your Faith

**Epistle.** Thanks to the initiative and work of Chloe Martin we have a newsletter again. Our hope is to produce one at the end of each month, previewing the month to come. Please send your information to Chloe by the 18th of each month at [chloeadmartin@comcast.net](mailto:chloeadmartin@comcast.net). Thank you, Chloe!

**Rite One.** For Lent, our 10am service will be Rite One, which is the old traditional language. This change for Lent is an opportunity to learn this dignified language of worship and to experience the richness of our liturgy in a new way.

**Children's Choir.** We started a children's choir in December. Rehearsals continue on Friday afternoon and on some Sundays. Contact Alison Blume at [alisonblume@comcast.net](mailto:alisonblume@comcast.net).

**Holy Week.** 3/20 to 3/27: Palm Sunday, Maundy Thursday, Good Friday, the Easter Vigil and Easter Morning.

**Your Next Spiritual Step?** There are seven weekly or biweekly ways you can learn, pray and grow spiritually at St. Paul's beyond weekly worship and regular service of the poor:

- Sunday Forum every week from 9:00am to 9:40am. We're currently exploring the nature of our souls.
- Morning Prayer every Tuesday at 7:30am.
- Bible Studies on Tuesdays (12:30pm), Wednesdays (10am) and on Thursday evenings (6:15pm).
- Christian meditation on the 2nd and 4th Sunday of every month at 7pm.
- Discipleship Groups, which are small groups with a longer term commitment focused on spiritual maturity and loving community with the poor.

Talk to Christopher to find out more about any of these.

## SERVING TODAY

Preacher & Celebrant:	The Rev. Christopher Martin
Choirmaster/Organist:	Michael Struck
Acolytes:	Jim Terstegge, Chris Hammond, Linda Bell
Readers:	Jim Terstegge, Chris Hammond, Jack Beggs
Altar Guild:	Katy Taggart, Joan Peterson, Felicia Demann, Ann Lisk, Holly Pritchard
Hospitality	Katy Taggart, Tenesa and Brian Vuillemenot

## CHRISTOPHER'S WEEKLY MESSAGE

God has given each of us gifts. We become most ourselves and most fully alive when we use them for God's glory. What are your gifts? How are you using them for God's glory?

I believe modern life breaks us into segments but Christian call makes us whole. For the next six months, a lot of us are going to be asking those questions of ourselves and so seek wholeness in the context of one of our six Discipleship Groups. I write to invite you to join us in listening for your unique call.

This is, intentionally, a longer email than usual. I write it as a rich invitation, with matter for slow and careful thought and prayer. It has four parts: a brief word about Discipleship Groups, a reference to the teaching on call I shared last Saturday, an encouragement to take Basic Discipleship and, finally, a 'save the date' for our Discipleship Group workshop in September.

1. We are becoming a church, not with Discipleship Groups, but of Discipleship Groups. Nonetheless, as in nearly all things Episcopalian, 'all may, none must, some should.' I wonder if the time is right for you to join a group structured to help you take the next step in your life with God? That's what these groups, with their seven vows, are for.

2. In the next six months, all of our groups are invited to beta-test a way of approaching the sixth vow, which is on God's call on our lives. This sixth vow is "by God's grace, I will listen for God's call on my life, confident that I have been given 'a gift of the Spirit for the common good' (I Cor. 12:7) entrusting my Discipleship Group to test and support that call."

I have attached to the bottom of this email the one-page sheet I handed out last Saturday, which is an outline for how to discern call in the context of a Discipleship Group. One of the three stages of discernment asks that we all imagine that we share the same ultimate goal, which is to be Citizens of New Jerusalem. This is a rich image taken from Phillipians 3 and Revelation 21. The last two sermons I preached were on this image and can be found on the front page of our website.

3. One way to start or get into a Discipleship Group is to take Basic Discipleship with me. In this class I meet with three or four of you at a time-slot that works for all of us. We meet weekly for four or five weeks. In the first class I teach on prayer and then tell three stories from my life of when I felt close to God. Each following week we do a brief check in about prayer and then, each week, a different person tells three stories from their own life of when they felt close to God. This experience is excellent preparation for being in a Discipleship Group. Please respond to this email if this interests you. I hope to start at least one group right after Easter, which is in less than three weeks.

4. I've scheduled another Discipleship Group Workshop for six months from now on Saturday, September 17th, 2016. That meeting will be the best opportunity to reflect on the three stage process for discerning Christian call, using Discipleship Groups as a base. I expect that we will have conversations every bit as rich and moving as the conversations the 20 of us shared this past Saturday at the most recent Workshop. Please save the date.

Thank you to all of you who came Saturday. I feel that, with the guidance of the Spirit, we are doing some deep and powerful work together.

Blessings,  
Christopher

## PRAYER

Bart L	Gary Pennington	Julia Klare	Rachel Wilde
Charlotte & Peter	Gerry O	Kathy G	Rainie Joses
Craig Family	Helenclare Cox	Kevin, Yvonne & Kendrick	Robyne Talley
Dan Pollart & Family	Jay Taggart	Lisa R	Rose Von Buchau
Declan	Jennifer Fritz	Lisa Rose	Sally Ettlting
Evelyn Rose	Jennifer Hodges	Lokita	San Bernardino victims & town
Felicia Demann	Jim & Jane Passman	Mika Kappen & Family	Sandy G
Fire Victims	Jonathan B	Monique Unger & Family	Stephen Topol
Gael Shumway	Jonathan Smith	Norman Rosenstein	Syrian Refugees

## SERVICE

**Teen Success Breakfast:** Serve hot breakfast to at-risk youth. Contact Beverly Armstrong at 415.454.4015 or nevbev@sbcglobal.net.

**San Rafael Health Care:** Services 1<sup>st</sup> and 3<sup>rd</sup> Sundays, 11:00 – 11:25. Help us with the simple service. Children are welcome. Contact Sue Adamson at 415.461.1798.

**Prison Ministry:** St. Paul's has been engaged in regular visitations and correspondence for 17 years with Joseph Cook, a death row inmate at San Quentin who was confirmed by Bishop Swing as a member of our Church. The prison ministry has grown and the rector and four other parishioners are now visiting Joe and three other inmates. In the coming weeks there will be more information about this growing ministry, including opportunities for everyone to be involved in an action heralded by Christ in Matthew 25:36: "I was in prison and you came to visit me." Are you being called to this ministry, perhaps by corresponding with one of the four inmates we've been visiting? For further info contact Richard Olive (415.259.9198 or ollipops@comcast.net).

**Young Moms Marin:** On Fridays, St. Paul's is now hosting Young Moms Marin, a group for mostly teen moms and their children led by our friend Teresa Ashby. The group meets from 3pm to 5:30pm in Duncan Hall. Contact Carolyn Eitel at 415.214.2560 or ceitel@mvmgmt.com.

## ONGOING

**Plate Cash:** 1st Sunday of the month goes to the Rector's Discretionary Fund; 3rd Sunday goes to Outreach.

**Childcare:** Sundays from 9:30 to 11:00am, childcare is available in the Basement Level classroom.

**Marin Episcopal Youth Group:** Sundays from 5-6:30pm at Church of the Nativity in San Rafael. Middle and high school students from 5 Marin churches. Daniel London, youth minister, daniel.london@gmail.com.

**Centering Prayer:** Meditation in the Christian tradition. Join us in Duncan Hall on the 2nd and 4th Sundays of each month, 7:00-8:30 pm. Leave a message for Chris Olson at the parish office at 415.456.4842.

**Our Spiritual Core:** Discipleship Groups are the spiritual core of St. Paul's because they are where we encourage one another to follow Jesus in worship, prayer, and service. Contact Judy Rowcliffe at 415.606.4355 or jlrowcliffe@comcast.net.

**Altar Flower Dedications:** Looking for a way to honor a loved one, give thanks or remember a special occasion? You can by dedicating the flowers at the altar. A donation of \$40 is suggested. Contact Alex Elliot at 415.488.7930.

**Memorial Wall Plaques:** Contact the office if you would like to purchase a plaque to be inscribed with the name of a loved one who has died.

**St. Anne's Guild:** St. Anne's Guild meets Thursdays at 11:00am. All are invited - bring a bag lunch.

**Facebook & Twitter.** Please like and follow us to join the fun!

<https://www.facebook.com/stpaulssanrafael>, <https://twitter.com/StPaulsSR>