



ST. PAUL'S

EPISCOPAL CHURCH

A Sacred Space for Your Busy Life

Sunday, March 6, 2016, the Fourth Sunday in Lent

We especially welcome visitors and newcomers today. Please fill out the newcomer card in the pew and place it in the collection plate or give it to a member of the clergy. Following the service, the clergy will be standing near the doors to greet you. We encourage you to join us for coffee hour in Duncan Hall. For more information about St. Paul's, please visit www.StPaulsSanRafael.org or call our office at 415.456.4842.

At St. Paul's we are all called to follow Jesus together in worship, prayer and service.

WORSHIP

The service begins on page 323 of the Book of Common Prayer (BCP)

Prelude	Allegro moderato	Josef Haydn
Opening Hymn	149	Hymnal
Kyrie	S-91 <i>(Service music found in front of hymnal)</i>	Hymnal
Psalm	32	BCP p. 624
Gradual	S-102	Hymnal
Nicene Creed		BCP p. 327
Prayers of the People		BCP p. 328
Offertory Anthem	My God, My God	Benjamin Cooke

All baptized Christians are welcome to receive communion. Whoever you are, wherever you are in your journey of faith, you are welcome to receive initiation into the church through the sacrament of baptism.

Eucharistic Prayer I		BCP p. 333
Sanctus	S-114	Hymnal
Fraction Anthem	S-158	Hymnal
Prayer of Humble Access		BCP p. 337
Communion Hymn	715	Hymnal
Post Communion Prayer		BCP p. 339
Closing Hymn	145	Hymnal
Postlude	Sonatina	Nikolai Kapustin

THIS WEEK'S ANNOUNCEMENTS

Youth Confirmation Class. Starting on Sunday, March 6th, youth confirmation classes will begin for Confirmation at Grace Cathedral on Saturday, June 4th. Classes will be from 11:30 to 12:30. Talk to Christopher for details. Three people are already signed up!

Cursillo Retreats. "You get about 27,375 days on earth. Can you give back 3 of them as your gift back to God?" Please consider signing up for the upcoming Cursillo Retreats in April! Men's Retreat is April 7th through April 10th. Women's Cursillo is April 21-24. Both retreats start on Thursday evening and ends Sunday early afternoon. See Fr. Christopher, Janie Burtch, or Steve Avanzino for more information. Your time spent at this special retreat will deepen and grow your Faith

Epistle. Thanks to the initiative and work of Chloe Martin we have a newsletter again. Our hope is to produce one at the end of each month, previewing the month to come. Please send your information to Chloe by the 18th of each month at chloeadmartin@comcast.net. Thank you, Chloe!

Rite One. For Lent, our 10am service will be Rite One, which is the old traditional language. This change for Lent is an opportunity to learn this dignified language of worship and to experience the richness of our liturgy in a new way.

Children's Choir. We started a children's choir in December. Rehearsals continue on Friday afternoon and on some Sundays. Contact Alison Blume at alisonblume@comcast.net.

Holy Week. 3/20 to 3/27: Palm Sunday, Maundy Thursday, Good Friday, the Easter Vigil and Easter Morning.

Your Next Spiritual Step? There are seven weekly or biweekly ways you can learn, pray and grow spiritually at St. Paul's beyond weekly worship and regular service of the poor:

- Sunday Forum every week from 9:00am to 9:40am. We're currently exploring the nature of our souls.
- Morning Prayer every Tuesday at 7:30am.
- Bible Studies on Tuesdays (12:30pm), Wednesdays (10am) and on Thursday evenings (6:15pm).
- Christian meditation on the 2nd and 4th Sunday of every month at 7pm.
- Discipleship Groups, which are small groups with a longer term commitment focused on spiritual maturity and loving community with the poor.

Talk to Christopher to find out more about any of these.

SERVING TODAY

Preacher & Celebrant:	The Rev. Christopher Martin
Choirmaster/Organist:	Michael Struck
Acolytes:	Jacob Moody, Dawn Rice, Demelza Rice
Readers:	Jacob Moody, Dawn Rice, Kay Blackwill
Altar Guild:	Michael Green, Linda Danford, Wanda Rice, Jane Santucci
Hospitality	Katy Taggart, Alice and Bob King

CHRISTOPHER'S WEEKLY MESSAGE

Those of you who have been to the two previous workshops know that these are warm and yet powerful times of connection and learning. If you are not yet in a group, this is the perfect way to find out more, not just from me, but from others who are following this way of being Christian.

I am also eagerly awaiting the opportunity to share my new teaching on Christian call. We all have a call from God and we are not fully alive, fully ourselves, until we hear that call and follow it. Discipleship Groups are perfectly structured to help each of us hear and follow our call. I believe I've found a way to help our Discipleship Groups to do that work of discernment together even better. Come on Saturday and learn with me!

The workshop is from 9am until no later than noon in Duncan Hall.

Blessings,
Christopher

PRAYER

Bart L	Gary Pennington	Julia Klare	Rachel Wilde
Charlotte & Peter	Gerry O	Kathy G	Rainie Joses
Craig Family	Helenclare Cox	Kevin, Yvonne & Kendrick	Robyne Talley
Dan Pollart & Family	Jay Taggart	Lisa R	Rose Von Buchau
Declan	Jennifer Fritz	Lisa Rose	Sally Ettlting
Evelyn Rose	Jennifer Hodges	Lokita	San Bernardino victims & town
Felicia Demann	Jim & Jane Passman	Mika Kappen & Family	Sandy G
Fire Victims	Jonathan B	Monique Unger & Family	Stephen Topol
Gael Shumway	Jonathan Smith	Norman Rosenstein	Syrian Refugees

SERVICE

Teen Success Breakfast: Serve hot breakfast to at-risk youth. Contact Beverly Armstrong at 415.454.4015 or nevbev@sbcglobal.net.

San Rafael Health Care: Services 1st and 3rd Sundays, 11:00 – 11:25. Help us with the simple service. Children are welcome. Contact Sue Adamson at 415.461.1798.

Prison Ministry: St. Paul's has been engaged in regular visitations and correspondence for 17 years with Joseph Cook, a death row inmate at San Quentin who was confirmed by Bishop Swing as a member of our Church. The prison ministry has grown and the rector and four other parishioners are now visiting Joe and three other inmates. In the coming weeks there will be more information about this growing ministry, including opportunities for everyone to be involved in an action heralded by Christ in Matthew 25:36: "I was in prison and you came to visit me." Are you being called to this ministry, perhaps by corresponding with one of the four inmates we've been visiting? For further info contact Richard Olive (415.259.9198 or ollipops@comcast.net).

Young Moms Marin: On Fridays, St. Paul's is now hosting Young Moms Marin, a group for mostly teen moms and their children led by our friend Teresa Ashby. The group meets from 3pm to 5:30pm in Duncan Hall. Contact Carolyn Eitel at 415.214.2560 or ceitel@mvmgmt.com.

ONGOING

Plate Cash: 1st Sunday of the month goes to the Rector's Discretionary Fund; 3rd Sunday goes to Outreach.

Childcare: Sundays from 9:30 to 11:00am, childcare is available in the Basement Level classroom.

Marin Episcopal Youth Group: Sundays from 5-6:30pm at Church of the Nativity in San Rafael. Middle and high school students from 5 Marin churches. Daniel London, youth minister, daniel.london@gmail.com.

Centering Prayer: Meditation in the Christian tradition. Join us in Duncan Hall on the 2nd and 4th Sundays of each month, 7:00-8:30 pm. Leave a message for Chris Olson at the parish office at 415.456.4842.

Our Spiritual Core: Discipleship Groups are the spiritual core of St. Paul's because they are where we encourage one another to follow Jesus in worship, prayer, and service. Contact Judy Rowcliffe at 415.606.4355 or jlrowcliffe@comcast.net.

Altar Flower Dedications: Looking for a way to honor a loved one, give thanks or remember a special occasion? You can by dedicating the flowers at the altar. A donation of \$40 is suggested. Contact Alex Elliot at 415.488.7930.

Memorial Wall Plaques: Contact the office if you would like to purchase a plaque to be inscribed with the name of a loved one who has died.

St. Anne's Guild: St. Anne's Guild meets Thursdays at 11:00am. All are invited - bring a bag lunch.

Facebook & Twitter. Please like and follow us to join the fun!

<https://www.facebook.com/stpaulssanrafael>, <https://twitter.com/StPaulsSR>