



ST. PAUL'S

EPISCOPAL CHURCH

A Sacred Space for Your Busy Life

Sunday, January 31, 2016, the Fourth Sunday after the Epiphany

We especially welcome visitors and newcomers today. Please fill out the newcomer card in the pew and place it in the collection plate or give it to a member of the clergy. Following the service, the clergy will be standing near the doors to greet you. We encourage you to join us for coffee hour in Duncan Hall. For more information about St. Paul's, please visit www.StPaulsSanRafael.org or call our office at 415.456.4842.

At St. Paul's we are all called to follow Jesus together in worship, prayer and service.

WORSHIP

The service begins on page 355 of the Book of Common Prayer (BCP)

Prelude	Grave	arr. J. S. Bach
Opening Hymn	119	Hymnal
Gloria	S-280 <i>(S)ervice music found in front of hymnal</i>	Hymnal
Psalm	71:1-6	BCP p. 683
Gradual	Alleluia, Alleluia, Alleluia, Alleluia	
Prayers of the People	Form III	BCP p. 387
Offertory Anthem	Missus est Angelus	Juan Frances Iribarren

All baptized Christians are welcome to receive communion. Whoever you are, wherever you are in your journey of faith, you are welcome to receive initiation into the church through the sacrament of baptism.

Eucharistic Prayer A		BCP p. 361
Sanctus	S-130	Hymnal
Fraction Anthem	S-154	Hymnal
Communion Hymns	612, 124	Hymnal
Closing Hymn	127	Hymnal
Postlude	Concerto by Johann Ernst	arr. J. S. Bach

The Altar Flowers are given to the glory of God
and in loving memory of Sue Mason.

THIS WEEK'S ANNOUNCEMENTS

The Annual Meeting. Sunday Feb. 7th. This essential meeting summarizes the year past and drives us forward into the new year together. 11:15am.

Photo Directory. Church directory photos will be taken on Feb.11th between 1pm and 8:30pm, and on Feb. 12th between 11am and 7:00pm. Schedule your appointment online through St. Paul's website or contact Steve Avanzino at 415-454-7873. Steve will also be signing up people in Duncan Hall after the 10:00 worship.

Children's Choir. We started a children's choir in December. Rehearsals continue on Friday afternoon and on some Sundays. Contact Alison Blume at alisonblume@comcast.net.

2/10 **Ash Wednesday.** Wednesday. 7:30am, Noon, 6:30pm.

2/28 **Open House** at the Martin's. An all generations, all community event at our home in San Anselmo. Sunday. 4pm to 6pm.

3/5 **Discipleship Group Workshop.** Saturday. 9am to 11am.

3/20 to 3/27 **Holy Week:** Palm Sunday, Maundy Thursday, Good Friday, the Easter Vigil and Easter Morning.

Your Next Spiritual Step? There are seven weekly or biweekly ways you can learn, pray and grow spiritually at St. Paul's beyond weekly worship and regular service of the poor:

- Sunday Forum every week from 9:00am to 9:40am. We're currently exploring the nature of our souls.
- Morning Prayer every Tuesday at 7:30am.
- Bible Studies on Tuesdays (12:30pm), Wednesdays (10am) and on Thursday evenings (6:15pm).
- Christian meditation on the 2nd and 4th Sunday of every month at 7pm.
- Discipleship Groups, which are small groups with a longer term commitment focused on spiritual maturity and loving community with the poor.

Talk to Christopher to find out more about any of these.

SERVING TODAY

Preacher & Celebrant:	The Rev. Christopher Martin
Choirmaster/Organist:	Michael Struck
Acolytes:	Brigitte McCulloch, Chris Olson, Pamela Barnes
Readers:	Brigitte McCulloch, Chris Olson, Jack Beggs
Altar Guild:	Brigitte McCulloch, Joan Peterson, Felicia Demann, Ann Lisk, Holly Pritchard

CHRISTOPHER'S WEEKLY MESSAGE

The next two weeks (and a half) feature three important events. After that, things mellow out a little. It's been a very rich and productive beginning to 2016. I hope for your continued attention because the four things I list below have the potential to make us a stronger, more loving community.

1. **Annual Meeting.** The following Sunday, February 7th, is the Annual meeting of our parish where we review the year that has past, look forward to the year ahead, elect new members of the Vestry, our governing board, and eat Jambalaya. It starts at 11:15 and we always get out before 1pm.

2. **Ash Wednesday.** The Wednesday after the Annual Meeting, February 10th, is Ash Wednesday, the beginning of Lent. Services, with the imposition of ashes, are at 7:30am, noon and 6:30 pm. An ancient custom is to assume a new practice for Lent. One option is the PrayWorshipServe Lenten Challenge, a practice that helps you fulfill our St. Paul's mission.

3. **Photo Directory.** Give a gift to your St. Paul's community by having your picture professionally taken- for free! Time slots are still available on Thursday February 11th and Friday, February 12th here in the Upper Room of St. Paul's. Parishioner Bruce Burtch has already taken stunning new photos of the church to be featured in our beautiful new directory. Sign up here on our website.

As always, it's a blessing to be with you and to serve you.

Blessings,
Christopher

PRAYER

Bart L	Helenclare Cox	Kevin, Yvonne & Kendrick	Robyne Talley
Charlotte & Peter	Jay Taggart	Lisa Rose	Sally Ettling
Craig Family	Jennifer Fritz	Lokita	San Bernardino victims & town
Dan Pollart & Family	Jennifer Hodges	Mika Kappen & Family	Sandy G
Felicia Demann	Jim & Jane Passman	Monique Unger & Family	Stephen Topol
Fire Victims	Jonathan B	Norman Rosenstein	Syrian Refugees
Gael Shumway	Jonathan Smith	People of Paris	
Gary Pennington	Julia Klare	Rachel Wilde	
Gerry O	Kathy G	Rainie Josés	

SERVICE

Teen Success Breakfast: Serve hot breakfast to at-risk youth. Contact Beverly Armstrong at 415.454.4015 or nevbev@sbcglobal.net.

San Rafael Health Care: Services 1st and 3rd Sundays, 11:00 – 11:25. Help us with the simple service. Children are welcome. Contact Sue Adamson at 415.461.1798.

Prison Ministry: St. Paul's has been engaged in regular visitations and correspondence for 17 years with Joseph Cook, a death row inmate at San Quentin who was confirmed by Bishop Swing as a member of our Church. The prison ministry has grown and the rector and four other parishioners are now visiting Joe and three other inmates. In the coming weeks there will be more information about this growing ministry, including opportunities for everyone to be involved in an action heralded by Christ in Matthew 25:36: "I was in prison and you came to visit me." Are you being called to this ministry, perhaps by corresponding with one of the four inmates we've been visiting? For further info contact Richard Olive (415.259.9198 or ollipops@comcast.net).

Young Moms Marin: On Fridays, St. Paul's is now hosting Young Moms Marin, a group for mostly teen moms and their children led by our friend Teresa Ashby. The group meets from 3pm to 5:30pm in Duncan Hall. Contact Carolyn Eitel at 415.214.2560 or ceitel@mvmgmt.com.

ONGOING

Plate Cash: 1st Sunday of the month goes to the Rector's Discretionary Fund; 3rd Sunday goes to Outreach.

Childcare: Sundays from 9:30 to 11:00am, childcare is available in the Basement Level classroom.

Marin Episcopal Youth Group: Sundays from 5-6:30pm at Church of the Nativity in San Rafael. Middle and high school students from 5 Marin churches. Daniel London, youth minister, daniel.london@gmail.com.

Centering Prayer: Meditation in the Christian tradition. Join us in Duncan Hall on the 2nd and 4th Sundays of each month, 7:00-8:30 pm. Leave a message for Chris Olson at the parish office at 415.456.4842.

Our Spiritual Core: Discipleship Groups are the spiritual core of St. Paul's because they are where we encourage one another to follow Jesus in worship, prayer, and service. Contact Judy Rowcliffe at 415.606.4355 or jrowcliffe@comcast.net.

Altar Flower Dedications: Looking for a way to honor a loved one, give thanks or remember a special occasion? You can by dedicating the flowers at the altar. A donation of \$40 is suggested. Contact Alex Elliot at 415.488.7930.

Memorial Wall Plaques: Contact the office if you would like to purchase a plaque to be inscribed with the name of a loved one who has died.

St. Anne's Guild: St. Anne's Guild meets Thursdays at 11:00am. All are invited - bring a bag lunch.

Facebook & Twitter. Please like and follow us to join the fun!

<https://www.facebook.com/stpaulssanrafael>, <https://twitter.com/StPaulsSR>