

# A Sacred Space for Your Busy Life

Sunday, January 24, 2016, the Third Sunday after the Epiphany

We especially welcome visitors and newcomers today. Please fill out the newcomer card in the pew and place it in the collection plate or give it to a member of the clergy. Following the service, the clergy will be standing near the doors to greet you. We encourage you to join us for coffee hour in Duncan Hall. For more information about St. Paul's, please visit www.StPaulsSanRafael.org or call our office at 415.456.4842.

At St. Paul's we are all called to follow Jesus together in worship, prayer and service.

#### WORSHIP

The service begins on page 355 of the Book of Common Prayer (BCP)

Offertory Hymn

Prelude This, This is the Day	
Opening Hymn One Bread, One Body	Insert
Gloria S-280 (S)ervice music found in front of hymnal	Hymnal
Psalm 19	BCP p. 606
Gradual Alleluia, Alleluia, Alleluia	
Prayers of the People Form III	BCP p. 387

Bathed in the Waters of Life

All baptized Christians are welcome to receive communion. Whoever you are, wherever you are in your journey of faith, you are welcome to receive initiation into the church through the sacrament of baptism.

Insert

Eucharistic Prayer A		BCP p. 361
Sanctus	S-130	Hymnal
Fraction Anthem	S-154	Hymnal
Communion Hymn	Remember Your Love	Insert
Closing Hymn	Every Time I Hear the Spirit	Insert
Postlude	Good, Good Father	Chris Tomlin

The Altar Flowers are given to the glory of God and in loving memory of Patricia Riggs.

## THIS WEEK'S ANNOUNCEMENTS

**The Annual Meeting.** Sunday Feb. 7th. This essential meeting summarizes the year past and drives us forward into the new year together. 11:15am.

**Photo Directory.** Church directory photos will be taken on Feb.11th between 1pm and 8:30pm, and on Feb. 12th between 11am and 7:00pm. Schedule your appointment online through St. Paul's website or contact Steve Avanzino at 415-454-7873. Steve will also be signing up people in Duncan Hall after the 10:00 worship.

**Children's Choir**. We started a children's choir in December. Rehearsals continue on Friday afternoon and on some Sundays. Contact Alison Blume at <u>alisonblume@comcast.net</u>.

2/10 Ash Wednesday. Wednesday. 7:30am, Noon, 6:30pm.

2/28 **Open House** at the Martin's. An all generations, all community event at our home in San Anselmo. Sunday. 4pm to 6pm.

3/5 Discipleship Group Workshop. Saturday. 9am to 11am.

3/20 to 3/27 Holy Week: Palm Sunday, Maundy Thursday, Good Friday, the Easter Vigil and Easter Morning.

Your Next Spiritual Step? There are seven weekly or biweekly ways you can learn, pray and grow spiritually at St. Paul's beyond weekly worship and regular service of the poor:

- Sunday Forum every week form 9:00am to 9:40am. We're currently exploring the nature of our souls.
- Morning Prayer every Tuesday at 7:30am.
- Bible Studies on Tuesdays (12:30pm), Wednesdays (10am) and on Thursday evenings (6:15pm).
- Christian meditation on the 2nd and 4th Sunday of every month at 7pm.
- Discipleship Groups, which are small groups with a longer term commitment focused on spiritual maturity and loving community with the poor.

Talk to Christopher to find out more about any of these.

## SERVING TODAY

Preacher & Celebrant: The Rev. Christopher Martin

Choirmaster/Organist: Michael Struck

Acolytes: Brigitte McCulloch, Chris Hammond, Pamela Barnes Readers: Brigitte McCulloch, Chris Hammond, Judy Rowcliffe

Altar Guild: Brigitte McCulloch, Wendy Olson, Lena Supsupin, Judy Rowcliffe, Alex Elliot

Hospitality: Katie Taggart, Lena Supsupin, Rose Lapicto

## CHRISTOPHER'S WEEKLY MESSAGE

A saying repeated often through the course of the Psalms is the admonition to "worship the Lord in the beauty of holiness." Since I came to St. Paul's nearly twelve years ago that phrase has nicely summoned up our attitude to worship.

Next Saturday, the 30th of January we are taking two hours, from 9am to 11am, to deepen and refine our 10am worship service and the hospitality that surrounds it.

Whatever role you have or would like to have on Sunday mornings, I encourage you to come. All roles will be open for training.

I have heard from so many of you who have active roles how much those roles mean to you. I've heard that preparing the altar with our beautiful things is an act of worship. That the words of scripture come alive as you prepare to read them aloud. That the hospitality of ushering or serving coffee hour connects you to a sense of community and home. That there is sacred awe that comes to you as you serve at the altar.

If you aren't already doing one of these things, are you ready to take another step in your life of faith by stepping into one of these roles?

I particularly encourage our youth. Those of you who were privileged to be at our 5pm Christmas Eve service saw five of our youth step into a range of leadership roles and do so with great dignity and poise. They are our future!

Please encourage your youth to come next Saturday. If they can't make it then, please still contact me. This ministry could develop into one of the formative experiences of their teen years.

Blessings, Christopher

### **PRAYER**

Bart L Gerry O Kathy G Rainie Joses Charlotte & Peter Helenclare Cox Kevin, Yvonne & Kendrick Robyne Talley Sally Ettling Chloe H Jay Taggart Lisa Rose San Bernardino victims & town Jennifer Fritz Lokita Craig Family Dan Pollart & Family Jennifer Hodges Mika Kappen & Family Sandy G Felicia Demann Jim & Jane Passman Monique Unger & Family Stephen Topol Jonathan B Norman Rosenstein Syrian Refugees Fire Victims Gael Shumway **Jonathan Smith** People of Paris Rachel Wilde Gary Pennington Julia Klare

#### **SERVICE**

**Teen Success Breakfast:** Serve hot breakfast to at-risk youth. Contact Beverly Armstrong at 415.454.4015 or nevbev@sbcglobal.net.

**San Rafael Health Care:** Services 1<sup>st</sup> and 3<sup>rd</sup> Sundays, 11:00 – 11:25. Help us with the simple service. Children are welcome. Contact Sue Adamson at 415.461.1798.

Prison Ministry: St. Paul's has been engaged in regular visitations and correspondence for 17 years with Joseph Cook, a death row inmate at San Quentin who was confirmed by Bishop Swing as a member of our Church. The prison ministry has grown and the rector and four other parishioners are now visiting Joe and three other inmates. In the coming weeks there will be more information about this growing ministry, including opportunities for everyone to be involved in an action heralded by Christ in Matthew 25:36: "I was in prison and you came to visit me." Are you being called to this ministry, perhaps by corresponding with one of the four inmates we've been visiting? For further info contact Richard Olive (415.259.9198 or ollipops@comcast.net).

**Young Moms Marin:** On Fridays, St. Paul's is now hosting Young Moms Marin, a group for mostly teen moms and their children led by our friend Teresa Ashby. The group meets from 3pm to 5:30pm in Duncan Hall. Contact Carolyn Eitel at 415.214.2560 or ceitel@mvmgmt.com.

#### **ONGOING**

Plate Cash: 1st Sunday of the month goes to the Rector's Discretionary Fund; 3rd Sunday goes to Outreach.

**Childcare:** Sundays from 9:30 to 11:00am, childcare is available in the Basement Level classroom.

Marin Episcopal Youth Group: Sundays from 5-6:30pm at Church of the Nativity in San Rafael. Middle and high school students from 5 Marin churches. Daniel London, youth minister, daniel.london@gmail.com.

**Centering Prayer:** Meditation in the Christian tradition. Join us in Duncan Hall on the 2nd and 4th Sundays of each month, 7:00-8:30 pm. Leave a message for Chris Olson at the parish office at 415.456.4842.

Our Spiritual Core: Discipleship Groups are the spiritual core of St. Paul's because they are where we encourage one another to follow Jesus in worship, prayer, and service. Contact Judy Rowcliffe at 415.606.4355 or jlrowcliffe@comcast.net.

**Altar Flower Dedications:** Looking for a way to honor a loved one, give thanks or remember a special occasion? You can by dedicating the flowers at the altar. A donation of \$40 is suggested. Contact Alex Elliot at 415.488.7930.

**Memorial Wall Plaques:** Contact the office if you would like to purchase a plaque to be inscribed with the name of a loved one who has died.

St. Anne's Guild: St. Anne's Guild meets Thursdays at 11:00am. All are invited - bring a bag lunch.

Facebook & Twitter. Please like and follow us to join the fun!

https://www.facebook.com/stpaulssanrafael, https://twitter.com/StPaulsSR