



ST. PAUL'S

EPISCOPAL CHURCH

A Sacred Space for Your Busy Life

Sunday, February 19, 2017, the Seventh Sunday after the Epiphany

We especially welcome visitors and newcomers today. Please fill out the newcomer card in the pew and place it in the collection plate or give it to a member of the clergy. Following the service, the clergy will be standing near the doors to greet you. We encourage you to join us for coffee hour in Duncan Hall. For more information about St. Paul's, please visit www.StPaulsSanRafael.org or call our office at 415.456.4842.

At St. Paul's we are all called to follow Jesus together in worship, prayer and service.

WORSHIP

The service begins on page 355 of the Book of Common Prayer (BCP)

Prelude	Adagio	John Stanley
Opening Hymn	525	Hymnal
Gloria	S-280 <i>(Service music found in front of hymnal)</i>	Hymnal
Psalm	Psalm 119:33-40	BCP p. 766
Gradual	Alleluia, Alleluia, Alleluia	
Prayers of the People	Form III	BCP p. 387
Offertory	Jesus! Name of Wondrous Love (1947)	Everett Titcomb

All baptized Christians are welcome to receive communion. Whoever you are, wherever you are in your journey of faith, you are welcome to receive initiation into the church through the sacrament of baptism.

Eucharistic Prayer A		BCP p. 361
Sanctus	S-129	Hymnal
Fraction Anthem	S-154	Hymnal
Communion Hymn	517	Hymnal
Closing Hymn	362	Hymnal
Postlude	Allegro	John Stanley

The Altar Flowers are given to the glory of God
and in loving memory of Rosie Heilman.

THIS WEEK'S ANNOUNCEMENTS

Basic Christianity is continues after the 10:00 service in the Upper Room. This five part class, from 11:30 to 12:30 on Sundays, tells the whole Christian story from creation to the end. It includes time for discussion.

Susan Bowman's Funeral will be next Saturday, February 27th at 2pm at St. Paul's. Susan was a member for many years and had been in a wheelchair since 1971. We hadn't seen her much recently because of mobility challenges.

The Quarterly Pulpit Swaps among the four northern Marin churches will be next Sunday, February 26th. Please welcome the Rev. Kirsten Snow-Spaulding while Christopher preaches at Nativity.

Ash Wednesday is March 1st. Services are at 7:30am, Noon and 6:30 pm and will be shared with Grace Marin.

The Next Death Cafe is Sunday, March 5th from 4pm to 6pm. It is the first of a program on leaving a good legacy after your death that then continues on Sundays from 11:30 to 12:30 with issues like legacy letters, planning a funeral, writing a will and advanced health care directives.

Re-Finance Your Spirituality. Invest in a 3-Day Weekend of discussion, laughter, music and superlative food. In return you get a lifetime of renewed joy and confidence in the future. Give you faith a chance to blossom and grow:

2017 Men's Cursillo Weekend- March 23-26

2017 Women's Cursillo Weekend- March 30- April 1

Contact Linda Bell for information. 408-373-3537. www.marincursillo.com

SERVING TODAY

Preacher & Celebrant:	The Rev. Christopher Martin
Choirmaster/Organist:	Michael Struck
Acolytes:	Michael Green, Pamela Barnes, Linda Bell
Readers:	Michael Green, Pamela Barnes, Judy Rowcliffe
Altar Guild:	Brigitte McCulloch, Felicia Demann, Ann Lisk, Steve Avanzino, Holly Pritchard

CHRISTOPHER'S WEEKLY MESSAGE

How will you observe Lent this year? It is the Anglican tradition to do something different to mark the season. Here are three things we're encouraging at St. Paul's.

Fast From Contempt. Contempt has leaked into our culture and politics in a big way in the last two years. It comes from the top when our presidential candidates dismiss citizens as a basket of deplorables or imitate a handicapped reporter. It comes from the right with Tea Party bombast and from the left with progressive snark. Let us, this Lent, fast from all of that. I imagine it might mean changing our consumption of media. It certainly means taking a careful look at the narratives that run through our minds about other people, especially ones we disagree with. Let us this Lent, in all humility, fast from treating our neighbors as objects to be dismissed.

Create a Good Legacy. Chloe will be leading a Sunday series to help us all prepare for a holy death. The first Sunday afternoon of Lent, March 5th, is a Death Cafe from 4pm to 6pm. Every subsequent Sunday there will be a session from 11:30am to 12:30pm on topics like legacy letters, planning your funeral, a good will and health care directives. Leave those you love the gift of a well planned death.

Discipleship. There are two paths this Lent for Discipleship. For those not yet in a Discipleship Group I will be leading groups of three to five in Basic Discipleship. Saturday morning is one time that nearly always works. This is where I coach you in daily prayer, help you find your spiritual voice, and model healthy small group dynamics. It is the best path into a Discipleship Group.

For those in a Discipleship Group, please make every effort to come to a mini-retreat on Saturday, March 11th from 9am to 12:30pm. The morning will be facilitated by the Rev. Ann Hallisey who is a consultant and the Dean of students at our local seminary, CDSP. This morning of conversation is essential preparation as we look to host the PrayWorshipServe retreat in February of 2018. Up to forty people from around the country will be looking to all of us to learn about Discipleship Groups. Come and learn all that we already have to teach. Let's discover together the things we can work on in the next year to make the retreat even better.

Finally, as always, there is the PrayWorshipServe Lenten Challenge: 20 minutes a day of prayer, an hour a week of worship and an hour a week of service. Go to PrayWorshipServe.com to sign up.

Ash Wednesday is March 1st. Services are at 7:30am, Noon and 6:30pm.

Blessings,
Christopher

PRAYER

Arty	Grace Michael	Mark Hardin	Sandy G
Bill Donnelly	Jennifer Fritz	Mika Kappen & Family	Susan Bowman
Bill Tate	Kairos Inside San Quentin	Pat David Binkley	Syrian Refugees
Cathy	Laurel	Phyllis	The Rev. Stefani Schatz
Dan Pollart & Family	Lisa R	Rosa Montes	
Dana Testa	Lokita	Ruth Orovich	
Deborah	Marcella Hermstad	Richard F	

SERVICE

Teen Success Breakfast: Serve hot breakfast to at-risk youth. Contact Beverly Armstrong at 415.454.4015 or nevbev@sbcglobal.net.

San Rafael Health Care: Services 1st and 3rd Sundays, 11:00 – 11:25. Help us with the simple service. Children are welcome. Contact Sue Adamson at 415.461.1798.

Prison Ministry: St. Paul's has been engaged in regular visitations and correspondence for 20 years with Joseph Cook, a death row inmate at San Quentin who was confirmed by Bishop Swing as a member of our Church. The prison ministry has grown and the rector and other parishioners are now visiting Joe and six other inmates. For further info contact Richard Olive (415.259.9198 or ollipops@comcast.net).

ONGOING

Plate Cash: 1st Sunday of the month goes to the Rector's Discretionary Fund; 3rd Sunday goes to Outreach.

Childcare: Sundays from 9:30 to 11:00am, childcare is available in the Basement Level classroom.

Children's Choir. Rehearsals on Friday afternoon and some Sundays. Contact Alison Blume at alisonblume@comcast.net

Marin Episcopal Youth Group: Sundays from 5-6:30pm at Church of the Nativity in San Rafael. Middle and high school students from 5 Marin churches. Daniel London, youth minister, daniel.london@gmail.com.

Centering Prayer: Meditation in the Christian tradition. Join us in Duncan Hall on the 2nd and 4th Sundays of each month, 7:00-8:30 pm. Leave a message for Chris Olson at the parish office at 415.456.4842.

Our Spiritual Core: Discipleship Groups are the spiritual core of St. Paul's because they are where we encourage one another to follow Jesus in worship, prayer, and service. Contact Judy Rowcliffe at 415.606.4355 or jlrowcliffe@comcast.net.

Altar Flower Dedications: Looking for a way to honor a loved one, give thanks or remember a special occasion? You can by dedicating the flowers at the altar. A donation of \$40 is suggested. Contact Alex Elliot at 415.488.7930.

Memorial Wall Plaques: Contact the office if you would like to purchase a plaque to be inscribed with the name of a loved one who has died.

St. Anne's Guild: St. Anne's Guild meets Thursdays at 11:00am. All are invited - bring a bag lunch.

Facebook & Twitter. Please like and follow us to join the fun!

<https://www.facebook.com/stpaulssanrafael>, <https://twitter.com/StPaulsSR>